

## Pressure builds as Hockey Canada preps



WEEKEND, FEBRUARY 13-15, 2009

metro



## Royal to get lesson in proper manners

pg 26

### Vancouver Games

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#### Matters of the heart

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## Grit leader making deal with Danny?

### Movies pg 17



## Plot grounds International

## Pleasant weather Enjoy it while it lasts



A man walks his dog through a foggy Point Pleasant Park on Thursday morning. Friday's forecast calls for a few flurries in the morning and the temperature will fall to -9 C in the afternoon.

# NDP pushes tax credit

PAUL MCLEOD  
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**It was like backwards day — an NDP leader getting warm applause from business leaders for a speech on tax breaks and fighting deficits.**

Darrell Dexter chose a Halifax Chamber of Commerce luncheon on Thursday to announce a 10 per cent manufacturing tax credit if the NDP wins the next election.

Dexter expects the credit to cost between \$20 and \$25 million and create



**"We have to balance the budget. We can't add to the debt. We can't afford to do that."**

NDP Leader Darrell Dexter

more than 2,000 jobs.

"This tax credit would be a vote of confidence in the industries that will be part of the future economic successes that is there for the taking," said Dexter.

The 10 per cent credit would be 75 per cent refundable, so for every million dollars invested a company would save

\$75,000.

Dexter predicted the economic growth spurred by the credit would yield a 10 per cent return in economic activity in the first year alone.

Dexter implied the money for the credit could come from the industrial expansion fund. He said that fund didn't have

enough accountability measures. But he ruled out going into deficit.

"We have to balance the budget. We can't add to the debt. We can't afford to do that," he said.

Conservative MLA Jamie Muir seemed to welcome the idea, but he said it all comes down to finding the money for it.

"Certainly it would be a good thing if it would help business grow in this province and if the province could afford it," said Muir.

"It's all about being able to afford these things."

## Canada will look to U.S. enviro policy, says Prentice

**EMISSIONS** Regulations to cut the emissions of industrial polluters are on the shelf until Washington sets a new climate change course and Canada's economic woes subside, the federal environment minister says.

Jim Prentice said the government plans to harmonize Canada's climate change policy with whatever regime U.S. President Barack Obama adopts.

Doing so helps Canadian industry to stay competitive with U.S. companies and presents a common North American front in international talks this year to establish

post-Kyoto climate change targets, Prime Minister Stephen Harper added.

The new U.S. administration wants to cap the amount of emissions spewed into the atmosphere by American firms and auction off carbon credits that polluting companies can trade with greener firms in order to avoid penalties.

The cap and trade system already exists in Europe. Prentice's new southward focus means Canada's targets, and the way to achieve emission reductions, are in line for an overhaul.

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**Housing rates up 3.6 per cent in Halifax**

The price of new housing went up 3.6 per cent in Halifax between December 2007 and 2008. Meanwhile, Statistics Canada says nationally, the price went up by just 0.4 per cent. St. John's, N.L. Posted the highest increase, at 24.4 per cent. **METRO HALIFAX**

# Local



## 92% of new NSCC grads working

A year after graduation, 92 per cent of 2007 Nova Scotia Community College grads are working, with 88 per cent holding jobs in their fields. The college's annual survey shows those with advanced diplomas made an average \$43,500, compared to \$30,621 for certificate holders. Last year's grads made 10 per cent more than 2006 ones.

METRO HALIFAX

# Heritage Gas to raise rates

Board approves hike of about \$12 a month for homeowners

JENNIFER TAPLIN

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### Heritage Gas won approval to raise its rates yesterday.

The Nova Scotia Utility and Review Board approved the natural gas provider's request to raise the rates on its customers' bills between four to 28 per cent.

For residential customers, it will mean an increase of about \$12 a month. Ray Ritcey, president of Heritage Gas, said

customers paid an average of \$165 a month in 2008 and retroactive to Jan. 1, 2009, they'll pay \$177.

They made the application in September for three reasons: Fewer customers than they forecasted actually connected to the system; the 2,000 customers in Amherst, Dartmouth and Halifax used less fuel than expected; and the cost of building out the system was higher than what they thought.

Still, it's cheaper than heating oil, Ritcey said.

"Our customers have

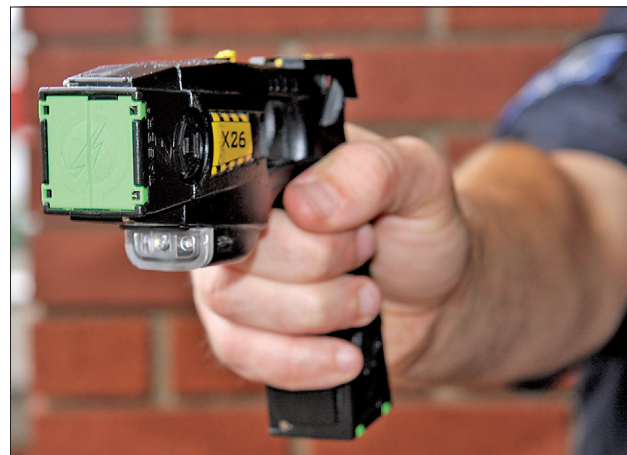
**"Our customers have saved significant amounts of money over the past five years and they helped improve the air we breathe."** Ray Ritcey, Heritage Gas president

saved significant amounts of money over the past five years and they helped improve the air we breathe," he said. "And probably the biggest opportunity of all is they remove the risk of a leaking oil tank."

Heritage Gas will start pipeline construction again in May with plans to expand to Fairview, Clayton

Park and Bayers Lake. They also have their sights set on Bedford and Sackville.

Even though revenue growth was less than expected, Ritcey said they're optimistic about the future of natural gas in Nova Scotia. "We think the very reason the customers like the product is going to hold going forward, he said.



PAUL MCLEOD / METRO HALIFAX

A Halifax Regional Police officer aims a Taser in this file photo. Halifax police say they reviewed their Taser policy last year, and won't change anything in light of new RCMP Taser regulations.

## RCMP makes changes to Taser training rules

**WEAPONS** The RCMP shifted its national Taser policy and are now training its officers that use of the stun gun poses a risk of death "particularly for acutely agitated individuals."

In the past, the RCMP had suggested using the weapon was appropriate in cases where "resistant" individuals could be subdued in order for them to be given medical attention.

"We no longer allow that," RCMP Commissioner William Elliott told a parliamentary committee in Ottawa yesterday.

Elliott stressed the force believes the conducted energy weapons, which fire a 50,000-volt discharge, are still a "useful weapon."

But the force has changed its training and policy directives to officers in the field to flag the "risks" and to stress it should only be used when "necessary" to ensure "officer or public safety."

The new policy also says

use of the Taser must be "reasonable" in circumstances where otherwise a firearm would be used.

Const. Jeff Carr, a spokesman for the Halifax Regional Police, said they revamped their Taser training rules last year.

A hearing is set for later this month in a Halifax courtroom to look into the death of Howard Hyde. He died in 2007, several hours after police used a Taser on him. Another inquiry is ongoing in B.C. regarding the death of Polish immigrant Robert Dziekanski.

The Taser should now only be used where there is "lethal overwatch" or where another police officer is standing by ready to shoot his gun at an individual if the Taser fails to subdue the suspect, Elliott said.

The instructions also warn of the "hazards of multiple deployment or continuous cycling" of the weapon.

**TORSTAR NEWS SERVICE WITH FILES FROM METRO HALIFAX**

### News in brief

**CORRECTION** In Wednesday's edition of Metro there was a story about Halifax regional council voting for a staff report to look into reducing snow-removal deadlines on some streets to 12 hours. The report actually deals with removal of snow from sidewalks, not roads. As stated in the story, no new deadlines have yet been approved. **METRO HALIFAX**

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WHAT'S ONLINE TODAY

**Video** Canadian scientists make important discovery on songbird migration at [metronews.ca/canada](http://metronews.ca/canada)

**Video** Creators of the 2010 Olympic torch discuss the ski-inspired design's creation at [metronews.ca/canada](http://metronews.ca/canada)

## Valentine's Day A good day for roses



JENNIFER TAPLIN / METRO HALIFAX

Pauline Pilcher from Pilcher's Flowers puts together a bouquet of roses for Valentine's Day yesterday. Pilcher says Valentine's Day is the busiest time of year at her shop.

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The province will spend \$19 million to replace Kings County Academy, Kentville's elementary school, with a 570-student, P-8 school located on a soccer field. It'll open January 2011. Kings County Academy was originally supposed to be renovated, but the Education Department decided it was cheaper to build a new school. **METRO HALIFAX**

# Bedford's gain from Bayers Road pain

JENNIFER TAPLIN  
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**Many people in Bedford want a better route to work, but feel bad for the Halifax homeowners who are going to pay for it.**

The city and province hosted two meetings this week to present the plans for a road widening project for Bayers Road and the Highway 102 corridor from Windsor Street to Fall River.

The first meeting on Wednesday night left concerned residents frustrated at a lack of answers.

"They gave a good technical presentation but they didn't answer a lot of questions that the people had, like when this was going to happen," said Matt Jobb who lives on Bayers Road.

Jobb is a civil engineer and he found the presentation too technical without answering how the project will directly affect his yard.

Construction is expected to take place in stages over 30 years, but Jobb said that's no comfort.

"That doesn't help us be-

cause no one's going to be interested in buying a house if they know this is coming."

He added a few residents of Chebucto Road attended the meeting and said they sympathized with Bayers Road residents.

The second meeting in Bedford Thursday was expected to go smoother. Bedford Coun. Tim Outhit said the project is of great interest to commuters there.

"It's positive in the sense that we're happy to get some of the truck traffic from Burnside and local traffic off the Dartmouth Road and off the Bedford Highway," he said. "But I think there are going to be some people in Bedford who have some concerns about the folks on Bayers Road."

Like the Bayers Road residents, Outhit said city councillors are also looking for some answers before the issue comes to a vote.

"I'm hopeful we'll be able to reach some solution with reversing lanes, etc. so this project would be less severe," he said. "This is no slam dunk, nothing has been decided yet."



Drivers make their way through rush-hour traffic along Bayers Road Thursday afternoon. The proposed widening of the road is facing opposition from people in the Bayers Road area, but many people in Bedford are hoping the proposed project will ease their commute.

## Road-widening green, says Barnet

- The minister for Conserve Nova Scotia thinks widening Bayers Road will be good for the environment.

The plan has sparked opposition from residents and environmentalists who say it promotes car use over public transportation.

But Barry Barnet said new roads can sometimes have "tremendous benefit to the environment" because they decrease congestion and reduce idling.

"I think it's the right approach," said Barnet of the project. "We now need long-

term planning. There are people that will be inconvenienced by this, but it is a very long-term approach."

He said the widening needs to go hand in hand with green initiatives like investing in public transportation.

"At the end of the day it's

about doing both. Fixing the now problems and fixing the future problems in both public transportation and making the road network a better road network so that people aren't stuck in traffic," said Barnet.

PAUL MCLEOD/METRO HALIFAX

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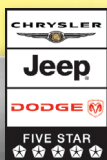
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## Just a year to go

HRM Mayor Peter Kelly celebrated yesterday's one-year countdown to the Vancouver 2010 Olympics and Paralympics by raising a flag at city hall. **METRO HALIFAX**

local 5

# Move to the rhythm this Valentine's Day

JON TATTRIE  
for Metro Halifax

## Valentine's Day

**The Maritime Centre for African Dance is spicing up Valentine's Day with a free workshop on dances from across the continent.**

The Bedford Library is taking names for a waiting list for the Feb. 14 performance and the group will give another show at the office of Halifax MLA Leonard Preyra on Feb. 21.

Both events are part of the 25th anniversary celebrations of African Heritage Month in Nova Scotia.

Mufaro Chakabuda said yesterday that the Feb. 21 event will feature many of the dances the group performed in Washington for Barack Obama's inauguration as U.S. president.

"The dances we will be doing are from South Africa, Zimbabwe, Gambia, Ghana, Guinea and Congo," the Zimbabwe native said. "African dance is such a community dance, we always encourage people to join us."

The Deep River Boys are also celebrating Saturday, with a free concert at the Halifax North library at 2 p.m.

"It's an opportunity for us to showcase our music,



Mufaro Chakabuda performs a traditional African dance along with drummer Wayne Hamilton at Citadel High School last month. The Maritime Centre for African Dance is performing Saturday at the Bedford Public Library and on Feb. 25 at the office of Halifax MLA Leonard Preyra.

which basically represents our heritage," said Wallace Smith, a member of the North Preston

group. "We're jazz influenced, R&B, some hip hop, southern gospel and traditional gospel."

## Maritime Building may be demolished

**DEMOLITION** Marinus Verhagen, owner of Verhagen Demolition, confirmed Wednesday he was contacted by the MacKay Group last week to give an estimate on how much it will cost to demolish the much-maligned Maritime Building.

The Town of New Glasgow confirmed no demolition permits have been issued. The building is owned by entrepreneur Cohen MacInnis from Antigonish. The 21-year-old bought the building in January 2008 with promises to revitalize the 93-year-old building.

In January, however, an inspection by the fire marshal's office identified 17 actions MacInnis would have to take to make the building habitable.

JENNIFER VARDY LITTLE/  
FOR METRO HALIFAX

## Shifting student body in Atlantic universities: Study

**STATSCAN** Not all postsecondary students in Atlantic Canada remained at the same university or college until they graduated.

Among students aged 17 to 20 who had enrolled in a university in the four Atlantic provinces during the fall of either 2002 or 2003, one-third had left their university within two years, according to a new study released yesterday by Statistics Canada.

Of all the students who left, about 25 per cent switched to another school to pursue their postsecondary studies.

Of the remaining students who left, about a

quarter returned to school.

When switchers and students who left and then returned were removed from the count, the dropout rate among Atlantic universities during this period dropped from 33 per cent to about 18 per cent.

The study, which was done only on students at Atlantic universities, found men were more likely to leave their post-secondary program than women. Women were more likely to switch schools than men.

Most students who switched schools stayed in the same province.

METRO HALIFAX

## News in brief

**ATV** Got an ATV? You might want to avoid Porters Lake. RCMP say they're getting a lot of complaints from Porters

Lake residents about excessive noise from riders who use a track on the ice for hours at a time.

METRO HALIFAX

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Nova Scotia Liberal Leader Stephen McNeil speaks to reporters in this file photo. McNeil is in Newfoundland and Labrador meeting with Premier Danny Williams about energy issues.

## Liberal leader making an energy deal with Williams?

PAUL MCLEOD  
paul.mcleod@metronews.ca

**Liberal Leader Stephen McNeil visited Newfoundland this week because he says Rodney MacDonald is dropping the ball on an Atlantic energy corridor.**

McNeil was invited to speak with Premier Danny Williams about bringing energy from

Churchill Falls to Nova Scotia.

"This is not a time for the rest of us to sit back," said McNeil.

"We need to be promoting Lower Churchill coming into Nova Scotia. Quebec and Ontario are

energy-starved, too. They're going to be looking for that energy. We need to become a player."

It's a bit unusual for an opposition leader to take such a trip. Premier Rodney MacDonald dismissed that McNeil was stealing his thunder, and said his government had been working hard for the corridor.

"I'm glad he's on board with what we've been doing the last few years. In

fact, I've had this discussion many times with Premier Williams. We've already signed a (memorandum of understanding) with Newfoundland and Labrador," said MacDonald.

But McNeil says that just isn't true. He said the premier has no arrangement with Newfoundland, but instead has an MOU with the company

Emera to look into bringing power to Nova Scotia.

"He's leaving Nova Scotia's energy needs up to Emera and Nova Scotia Power. And as we all know, they haven't treated Nova Scotians well in recent times. That's the void of leadership that's taken place. That's exactly why I was in Newfoundland," said McNeil.

McNeil said premier Williams was "receptive" to the idea of an Atlantic energy corridor, but the province needs to keep aggressively selling itself.

ShareYourViews

halifaxletters@metronews.ca

## Grade 10 girls can catch up on shots

In a province with the highest rate of invasive cervical cancer, handing out more free vaccines is considered a healthy move.

Next year, Grade 10 girls who missed the Human Papilloma Virus (HPV) vaccine in Grade 7 will be able to catch up.

In 2007, the province started giving girls in Grade 7 the three doses required

for the vaccination. The 6,000 girls in Grade 10 next year are still in the optimal age range for the vaccine, but missed it by one year.

"This one piece of that (reducing cervical cancer rates) doesn't negate the pap screening or any other safe-sex practices for sexual health," said Kim McGill, the province's immunization coordinator.

It is a voluntary vaccination program and some parents have declined to give their girls the free vaccine.

In the 2007-2008 school year, 80 per cent of eligible girls were given the vaccine.

"Which was one of the highest (uptake rates) of any of the four provinces that offer the program," said McGill.

There are a few reasons why parents decline, she said.

"Their beliefs, and it's a new vaccine, so there's not a lot of information and they don't know where to get the information. It's a personal choice."

So far, 12,000 young girls and women have taken the vaccination in Nova Scotia.

JENNIFER TAPLIN/METRO HALIFAX



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"We haven't traditionally

THE AMHERST DAILY NEWS

## Mom gets probation for frostbitten baby

**SENTENCE** A Bridge-water mom will spend the next 18 months on probation for taking her baby daughter outside exposed to the cold.

Kerri Jean King, 26, was sentenced Wednesday in Bridge-water provincial court.

On Dec. 27, 2008,

she brought her nine-month-old outside in just pajamas, without a hat, mittens or socks, leading the child to get frostbite and hypothermia.

It was -9 C at the time.

The baby wasn't permanently hurt.

King apologized to the court and the judge believed she was sorry.

METRO HALIFAX

## Chignecto students won't have to make up lost time

**SCHOOL** Despite a rash of winter storms, students have not missed a lot of school because of poor weather in comparison to last year.

Chignecto-Central Regional School Board superintendent Noel Hurley told Transcontinental Media six storm days have been utilized so far this winter.

"We typically have approximately 10 to 14 days lost to weather ... a year. Nova Scotia has more school days lost to weather than other provinces," said Hurley.

"We haven't traditionally

made them up and there is no plan to make up lost time this year, either."

Hurley said of the six days missed because of poor weather, he believes the right choice was made each time.

"Every time school was closed each case was made for the right decision ... for the safety of the children," he said.

Hurley said the board serves a 102-kilometre rural bus route, and there are specific winter maintenance regulations it must follow in order to open school when a storm will hit or in the midst of cleanup from nasty weather.

THE AMHERST DAILY NEWS

## Charged administrator temporarily off school board

**TRURO** Alex Cope has been granted a leave of absence from his school board responsibilities following extensive drug and firearm-related charges earlier this week.

Cope requested a three-month leave of absence from his Chignecto-Central Regional School Board responsibilities, which was formally accepted last night by the school board.

Chairwoman Trudy



Cope

Thompson said although First Nations people will be without a representative on the school board for the time being, the seat is not considered vacant.

Thompson said the situation is "absolutely shocking," but "everybody's innocent until proven guilty."

The chairwoman added she trusts the community will not look unfavourably on the board as a whole because of Cope's situation.

"I hope the public would not tarnish the whole board" because of one individual's situation, she

**"I hope the public would not tarnish the whole board" because of one individual's situation.**

Trudy Thompson, chairwoman

said.

"I am shocked and dismayed," said board member Ron Marks.

"I just don't understand it; it's hard to believe."

After a school board in-camera session last night, superintendent Noel Hurley said the board will continue to review the matter and wait for the conclusion of the criminal proceedings.

The Education Act, section 47A, indicates a school board representative would cease to be a member if convicted of an indictable offence that resulted in at least five years of punishment.

Cope, a Millbrook Band member, is facing 36 drug-related and firearm charges following a raid of his Willow Street home Monday night.

THE TRURO DAILY NEWS



**Teachers' strike averted in Ontario**

Elementary teachers across Ontario have accepted the contract that the provincial government was calling its final offer. Education Minister Kathleen Wynne said if teachers didn't take the \$700-million offer, they would be stuck with a two-year deal worth much less. **CBC NEWS ONLINE**

7

# Canada



## Olympian faces child porn charges

John David (JD) Burnes, shown at left competing in the 2008 Summer Olympics, was one of the 31 people arrested last week in an Ontario-wide child pornography sweep. The 20-year-old Queen's University student is charged with one count each of possession of child pornography and one count of making available child pornography, but police would not give details about the charges. Burnes, a Toronto native, placed 63rd in the Beijing Games.

TORSTAR NEWS SERVICE

# A 'magnificent' torch

Olympic flame to touch 'every life, every child, every family'

JEFF HODSON  
Metro Canada

## VANCOUVER 2010 Games

A crowd of about 1,000 cheering people gathered in lightly falling snow in Whistler's village square Thursday morning to welcome the torch that will carry the Olympic flame in its 45,000-kilometre, 12,000-torchbearer relay across Canada in the months leading up to Vancouver's 2010 Games.

The torch, a graceful, curving modern design, is supposedly inspired by Canada's winter landscape, particularly the "fluid lines" left in the snow from winter sports, said Pierre Beaudoin, CEO of Bombardier, the company that designed it.

The Vancouver 2010 torch is white on its sides and stainless steel on its



Olympic torchbearers Caleb Taylor and Patricia Moreno display the newly unveiled 2010 Olympic torch and torchbearer uniforms at a ceremony in Whistler, B.C., on Thursday morning.

front. It is 94 centimetres in length and weighs, with fuel, a light 1.6 kilograms. It widens in the middle and tapers gently upward to the burner. The Vancouver 2010 Inukshuk logo is emblazoned

on either side.

Jacques Rogge, president of the International Olympic Committee, said he thought the Olympic torch was "magnificent," adding its flame "is a sym-

bol of the fire burning in the hearts of all athletes."

VANOC CEO John Furlong said members of the Vancouver 2010 organizing committee would be traveling to Greece in October to bring the Olympic flame to Canada.

"From the back of this torch will come a huge flowing yellow flame matching the spirit that we believe exists in our country," Furlong said. "As the flame goes around Canada it will go almost door-to-door, touching every life, every child, every family."



**VIDEO** Creators of the 2010 Olympic torch discuss the challenges of creating the ski-inspired design online at [metronews.ca/canada](http://metronews.ca/canada)

## Many milestones left for VANOC

**COUNTDOWN** Organizers of the 2010 Vancouver Olympics still have to cross a number of milestones before the opening ceremonies take place Feb. 12, 2010 at B.C. Place Stadium.

Among them:

- The designs for the 2010 medals and the Olympic cauldron. No date has been publicly announced for either.

- Later this month, VANOC will issue a call for performers to take part in the opening and closing ceremonies.

- March 12 marks the one-year countdown to the Paralympic Games.

- Tickets to the Paralympics go on sale May 6.

- The Olympic torch relay kicks off Oct. 30 in Victoria, B.C.

- A ceremony to mark the official opening of Vancouver's athletes village will be held in November.

- Also that month, the Olympic and Paralympic mascots: Quatchi, Miga, and Sumi (Mukmuk too) turn two years old.

JEFF HODSON/METRO CANADA

## News in brief

**CHALLENGE** Will the women jump? That's one of the unresolved issues one year ahead of the 2010 Olympics. While male ski jumpers are taking part in the Games, female jumpers have been told to stay grounded on the basis of there

being too few women competing worldwide. Ten female jumpers from six countries have filed a lawsuit alleging gender discrimination. The case opens in B.C. Supreme Court on April 20.

METRO CANADA

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Women who have migraines may have a raised risk of suffering from high blood pressure during pregnancy, 2.85 times more likely than women who don't suffer migraines. They're also at risk of preeclampsia, a complication that can affect the mother and unborn baby, Italian researchers reported. **REUTERS**

# World



## Speedy songbird migration

Migrating songbirds can get back up north to their breeding grounds in astonishingly fast time, with some travelling up to 577 kilometres a day, York University researchers reported on Thursday. Data from geo-tracked purple martins and wood thrushes showed the birds moseyed south in the fall, but raced north in the spring, perhaps to snatch up the best nesting sites and mates. **REUTERS**

## Many nations ignore human trafficking: UN

**HUMAN RIGHTS** Human trafficking, mostly of women and children, for the sex trade or forced labour market appears to be getting worse because many countries are ignoring the problem, the United Nations Office on Drugs and Crime said Thursday.

It gave no figure for the number of people trafficked every year, but a U.S. State Department report has put it at 800,000 compared with the International Labour Organization's 2005 estimate that 2.5 million people were being trafficked annually.

The UNODC study said 40 per cent of affected countries had not registered a single conviction, crucial to deterrence.

**REUTERS**

## 6 arrested in Mumbai probe

**Pakistan was holding in custody the suspected ringleader and five other suspects in the conspiracy behind a militant attack that killed 179 people in Mumbai, the top Pakistani Interior Ministry official said on Thursday.**

"Some part of the conspiracy has taken place in Pakistan," Rehman Malik, adviser to the prime minister on the interior, told a news conference, noting that six suspects were in custody and two were known but still at large.

Pakistani officials shared the findings of the investi-

### Tensions still high

- Since the attack on Mumbai between Nov. 26 and 28, tensions have remained high as India maintains the plot was hatched in Pakistan by a jihadist group called Lashkar-e-Taiba.

gation with India's envoy in Islamabad. The Indian Foreign Ministry issued a statement describing the Pakistani actions as a "positive development."

Tracing telephone calls and bank transfers had led to the capture of a key fig-

ure in the conspiracy, Hammad Amin Sadiq, Malik said, calling him "the main operator."

The spokesman noted Pakistan has learned "the full rundown" from some of the arrested, including details of the plot: how terrorists sailed from Karachi to Mumbai on a fishing vessel, the training they were given and the equipment used.

Zaki-ur-Rehman Lakhvi, Zarar Shah and Javed Iqbal were still in custody, Malik said, as well as two partially identified men called Khan and Riaz. **REUTERS**

## Scientists knew satellite crash possible early on

**SPACE** European space scientists were aware of the potential for a close encounter between Russian and U.S. satellites before they crashed.

But the difficulty of predicting orbits and "noise" from thousands of pieces of debris made a definitive prediction of a collision impossible.

Philippe Goudy, deputy director of the French space operations control centre,

said data showed a "possible approach" but it didn't "necessarily mean a collision."

The crash between a privately owned U.S. communications satellite and a defunct Russian military satellite occurred Tuesday 780 kilometres above the Arctic in a crowded polar orbit used by satellites that monitor weather, relay communications and perform scientific surveys. **REUTERS**

## Livni confirmed winner in final results

**ISRAEL** Final results of Israel's parliamentary election confirmed on Thursday that the centrist Kadima party of Foreign Minister Tzipi Livni won the contest with 28 seats over Benjamin Netanyahu's right-wing Likud, with 27 seats.

The count did nothing to resolve a dispute between the two parties over who should head the next government. Netanyahu claims he should lead a coalition, because of parliament's broad right-wing majority that would back him. **REUTERS**

### News in brief

**INDIA** Thousands of women are vowing on Valentine's Day to go bar-hopping and send cartons of pink panties to a radical group that has branded

outgoing females immoral. **VATICAN** Pope Benedict, trying to defuse a controversy over a Holocaust-denying bishop, calling the act of Holocaust de-

nial a "terrible crime," especially coming from a clergyman. He also announced an upcoming trip to Israel in May. **REUTERS**

## HRSB REGISTRATION INFORMATION



# 2009-2010



SCHOOL YEAR

**HRSB REGISTRATION WILL TAKE PLACE FROM FEBRUARY 2, 2009 TO MARCH 2, 2009.**

Students will register for all programs (English and French Immersion) at the school serving the neighbourhood in which they reside.

### PRIMARY PROGRAM

- A child must have reached his/her fifth birthday **on or before December 31, 2009.**
- Parents/guardians must present the child's birth certificate, proof of residence, health card number and expiry date at the time of registration.
- Each school will publicize its dates for primary orientation.

### EARLY FRENCH IMMERSION PROGRAM

- The Early French Immersion Program is available to students who live within areas of eligibility of the Halifax Regional School Board and who register by **March 2, 2009.**
- For further information regarding eligibility, go to the following link [www.hrsb.ns.ca/content/id/1015.html](http://www.hrsb.ns.ca/content/id/1015.html) or contact the principal of your neighbourhood school.

### GRADE SEVEN

- Registration will take place at the elementary school the student currently attends.
- Each school will publicize its dates for student orientation.

### GRADE SEVEN LATE FRENCH IMMERSION

- The Late French Immersion Program is available to students who live within areas of eligibility of the Halifax Regional School Board and who register by **March 2, 2009.**
- For further information regarding eligibility, go to the following link [www.hrsb.ns.ca/content/id/1016.html](http://www.hrsb.ns.ca/content/id/1016.html) or contact the principal of your neighbourhood school.

### GRADE TEN

- Registration will take place at the junior high school the student currently attends.
- Each school will publicize its dates for student orientation and course selection.

### OUT-OF-AREA REQUESTS

- Parents/guardians may seek placement for their daughter/son in a school outside of the neighbourhood in which they reside under the guidelines of the *Creating School Populations Policy* (available for viewing on the HRSB website: [www.hrsb.ns.ca](http://www.hrsb.ns.ca)).
- Parents/guardians may obtain Out-of-Area Request forms at their daughter's/son's neighbourhood school.
- Parents/guardians must forward Out-of-Area Requests to the requested school **on or after April 1, 2009.**

### EARLY LEARNING OPPORTUNITIES PROGRAM

- Information regarding the Early Learning Opportunities Program will be communicated at a later date.

**FOR ADDITIONAL INFORMATION CONCERNING REGISTRATION, CONTACT THE PRINCIPAL OF YOUR NEIGHBOURHOOD SCHOOL.**



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# Comment & Views

## Comment

# Read fine print before entering contests

## Marketplace

Erica Johnson



In these hard economic times, who wouldn't like to win \$500,000? Heck, I'd like to win half a million no matter what the economy is doing!

And that's exactly what Russell Quantz hoped would happen when he entered one of the biggest contests in Canada, the Reader's Digest Sweepstakes.

How does it work? You can sign up online. Or if you take out a Reader's Digest subscription, you get the magazine in the mail. And along with it, come letters about the company's sweepstakes. And brochures, advertising products for sale — like CDs,

books and DVDs.

Now, you don't have to buy the products to play the sweepstakes, but we've learned their marketing tactics have left a lot of Canadians confused.

Like Russell Quantz, of Claresholm, Alta. He thought the more products he ordered, the better his chances of winning the sweepstakes.

The trouble is, Quantz spent almost \$7,000 chasing that dream — a bill



More tips to protect yourself and family from spending money on sweepstakes at [metronews.ca/johnson](http://metronews.ca/johnson)

with Reader's Digest so big, he couldn't pay it. And we've heard from many people saying they feel misled by the company's marketing.

A crackdown south of the border forced Reader's Digest U.S. to change its marketing tactics. Now, in the U.S., every letter from Read-

er's Digest has to include a separate piece of paper spelling out in BIG print that people don't have to buy products to play the sweepstakes. And Reader's Digest has to write any customer who spends more than \$1,000 in a six-month period — and tell them they don't have to buy products.

But in Canada, it's business as usual. Reader's Digest Canada declined an interview request and instead sent us a letter. Its main

point — its rules are perfectly clear. By the way, those rules are typed in fine print so small you practically need a magnifying glass to read it.

It's all made Quantz doubt the Reader's Digest motto: Canada's "Most Read, Most Trusted" magazine.

Erica Johnson is a journalist and co-host of CBC News: Marketplace, Canada's award-winning consumer affairs show. CBC News: Marketplace airs each Friday night at 8:30 p.m. (9 p.m. NT) on CBC Television.

## Views

# Discussion is a better form of protest

## UrbanCompass

Paul McLeod



[paul.mcleod@metronews.ca](mailto:paul.mcleod@metronews.ca)

Just once I'd like for a racist or a sexist to come to town and not have to end up defending them.

Jose Ruba came to SMU last week to give a speech comparing abortions to the Holocaust. I'd love to write about how asinine that is, but no, a group of protesters just had to go and shut down the event.

So once again the supposedly narrow-minded hatemonger stands there

looking stately and rational, while the supposed free-thinking equality fighters look like thugs.

The same thing happened a couple years back when Jared Taylor, who calls himself a "race realist" because he thinks races should be segregated, got pushed off a stage by masked protesters.

I think Taylor's and Ruba's views are ridiculous and have no problem sitting politely through a speech and then tearing down their arguments in question time. But there's a sect of Halifax protesters that have taken it upon itself to decide what can and cannot be said in this city.

As if possessed by some

sort of irony demon, the protesters somehow forget that the same tactic — shutting down speech that "opposes community values" — was and is being used against supporters of women's, visible minorities' and gay rights.

You can see the video on YouTube. Ruba says he wants to discuss the issue. One male protestor calls him a racist and a sexist. Ruba asks when was the last time the protestor heard him speak. "I've seen your website," the protestor shouts back.

Uh ... burn?

Is it really worth sacrificing the ideal of free speech over this guy? Do I have to drag out the tired quote "if you don't believe

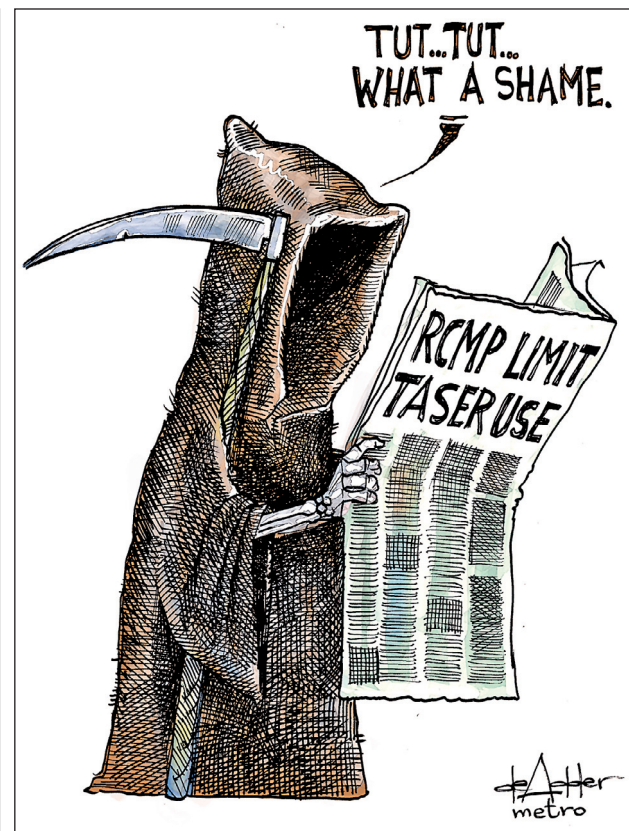
in freedom of speech for those you despise than you don't believe in it at all?" Apparently, because I just did.

Now Ruba can rally more support by (rightly) claiming he's been persecuted. Great. So now he looks smarter and has more ammunition. Bang up job, protesters.

So let's all stop hurting our own cause and instead actually debate these people, shall we?

Because frankly, protesters, as someone who agrees with your points, I hate to be associated with you.

Paul McLeod is a staff reporter at Metro Halifax. He is currently in rehab for being a political junkie. It's going badly.



It's your turn to tell others what you think. Email your thoughts and opinions to: [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

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# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## The DAILY BUSINESS BUZZ

### System under study:

The provincial government is funding a \$300,000 study to examine options to strengthen Nova Scotia's power transmission system. Canadian engineering firm SNC-Lavalin will conduct the study, which is expected to be completed later this year.

### IMP Group honoured:

IMP Group International Inc. has requalified as one of Canada's 50 Best Managed Companies in 2008.

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## Busy times for Wall Street Cupids

**It's all doom and gloom on Wall Street, but high-end matchmakers say when America's wealthiest bachelors are humbled, some start looking for love.**

"In these economic times, the dynamics have really shifted in favour of relationships," said Rachel Greenwald, matchmaker and author of a new book called *Why He Didn't Call You Back*.

"Casual dating seemed to be a byproduct of the go-go days of past years when the stock market was booming," Greenwald said.

### Valentine's Day

"People had disposable money and they wanted disposable relationships. Now things have really shifted emotionally."

Samantha Daniels says she has more clients than ever willing to pay \$25,000 and up a year to meet women through her company, Samantha's Table. She said some men simply have more time to focus on relationships because their business is on hold, for ex-

**"In these economic times, the dynamics have really shifted in favour of relationships."**

Rachel Greenwald, matchmaker

ample those in real estate or hedge funds.

Others are not in the mood for endless first dates with different women and want a partner who will deal with their ups and downs.

Amy Andersen, founder of Linx Dating in California, said February is set to be her best month ever.

She recently spent a week at a luxury hotel in New York interviewing some 20 women for a client who wanted to meet a graduate of the same Ivy League university he attended.

The client, who paid more than \$50,000 for the search, is "slowly dating one of the girls and trying to figure out if there's long-term potential there," Andersen said. **REUTERS**

Manulife posts \$1.87B quarterly loss

**REPORT** Manulife Financial Corp., Canada's largest insurer, reported a big quarterly loss yesterday, hit by a jump in reserves and plummeting global stock markets.

The company said it lost \$1.87 billion, or \$1.24 a share, in the fourth quarter ended Dec. 31, compared with a profit of \$1.14 billion, or 75 cents a share, in the same period last year.

Manulife said the sharp decline in global equity markets had led it to increase its balance sheet reserves to cover investment guarantees linked to some of its products to \$5.783 billion at the end of 2008 from \$526 million at the end of 2007. **REUTERS**

### Business in brief

**CANWEST** Debt-laden media giant Canwest Global Communications Corp. may face bankruptcy as the weak economy wreaks havoc on its stable of

television stations and newspapers, and buyers for its assets fail to materialize. Even if the properties are sold, the proceeds would barely make a

dent in Canwest's debtload of about \$3.7 billion.

**RETAIL** Sales at U.S. retailers rebounded in January, rising

one per cent, government data showed yesterday, likely boosted by post-holiday discounts and providing a rare glimmer of hope. **REUTERS**

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**Coca-Cola profit better than expected**

Coca-Cola Co. posted a better-than-expected quarterly profit of \$995 million US yesterday, causing shares to rise six per cent. **REUTERS**

business **11**

# Great-West loses \$907M

**Great-West Lifeco Inc., Canada's second-largest insurer by market value, reported a big quarterly loss yesterday as it took more than \$1.4 billion in charges related to its Boston-based Putnam money management unit.**

Great-West reported a loss of \$907 million, or \$1.011 a share, in its fourth quarter ended Dec. 31.

That compared with a profit of \$537 million, or 60.1 cents a share, in the year-earlier period.

The insurer said adjusted net income from continuing operations was 58.6 cents per common share in the quarter.

The insurer, controlled by Montreal-based Power Financial, took a series of hefty charges related to

the Putnam Investments operation it acquired in 2007. This included a non-cash impairment charge of \$1.35 billion after-tax in connection with Putnam's goodwill and intangible assets.

Winnipeg-based Great-West said it also took a restructuring charge of \$45 million related to the money manager. **REUTERS**

## Hindu group opposed to western foods to launch cows' urine soda

**INDIA** A hardline Hindu organization, known for its opposition to "corrupting" western food imports, is planning to launch a new soft drink made from cow's urine, often seen as sacred in parts of India.

The Rashtriya Swayam-sevak Sangh (RSS), or National Volunteer Corps, said the bovine beverage is undergoing laboratory tests for the next two to three months but did not give a specific date for its commercial release.

The flavour is not yet known, but the RSS said the liquid produced by

### Urine's value

- Many Hindus consider cow urine to have medicinal properties, and it is often drunk in religious festivals.

Hinduism's revered holy cows is being mixed with products such as aloe vera and gooseberry to fight diseases such as diabetes and cancer.

The organization said it had not decided on a name or a price for the drink. **REUTERS**

### In brief

**EARNINGS** Canadian Tire Corp. reported a 20 per cent drop in quarterly profit yesterday, hurt by a charge related to currency hedges. However, the company's shares were up six per cent at \$41.02 on the Toronto Stock Exchange as results exceeded expectations. Canadian Tire said it earned \$101.2 million, or \$1.24 a share, in the fourth quarter, compared with \$131.3 million, or \$1.61 a share, in the same period a year earlier.

**FORECAST** The current recession will last at least three years and possibly longer absent a revival in credit markets, according to investors who specialize in distressed debt and bankruptcy. **REUTERS**

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## 12 business

**HP, MySpace among companies joining Symbian**  
Hewlett-Packard, MySpace and 13 more companies joined the Symbian camp yesterday, giving the mobile operating system larger scale than Google's Android in the handset software battle. **REUTERS**

# No bold moves in 2009: EnCana

**EnCana Corp., Canada's biggest energy company, said yesterday it plans no bold moves this year as it looks to cope with tumbling prices.**

EnCana said yesterday that its fourth-quarter operating profit fell by nearly half while net income, buoyed by unrealized gains on gas-price hedges, was nearly unchanged from the same period of 2007 at \$1.08 billion US.

### Change of plans

EnCana has already had to retrench because of the ongoing economic crisis. Last October it was forced to

shelve its plans to split into natural gas and oilsands arms until conditions improve.

EnCana is among North America's biggest natural gas producers, with output in the fourth-quarter of nearly 3.9-billion cubic feet a day. But benchmark prices for the fuel have

plunged by almost half over the past year as the recession eats into demand and the company says it will steer clear of expensive plans for now.

The company expects

prices to remain weak through the remainder of the first quarter of 2009.

EnCana's results included \$747 million in non-cash gains from hedging activities. Excluding that and other one-time items, EnCana reported an operating profit of \$449 million, or 60 cents a share, down from \$849 million, or \$1.12 a share, in the year-ago period.

REUTERS

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**Plekanec suspended two games**

The NHL suspended Montreal Canadiens forward Tomas Plekanec for two games Thursday for taking down Edmonton Oilers defenceman Denis Grebeshkov from behind on Wednesday night. **METRO NEWS SERVICES**

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# Sports

EDITOR: JOHN.CHICK@METRONEWS.CA

## Pressure's on, one year out

### VANCOUVER 2010 Games

**Brian Burke can already see it and Steve Yzerman can already feel it: the pressure to win Olympic gold in hockey is all on Canada.**

Burke, the GM of the American entry, and Yzerman, the GM of Team Canada, held separate conference calls to talk about their selection process with the Olympic hockey tournament one year away.

"I was there in Vancouver when they opened that envelope (to award the 2010 games)," Burke said. "At that moment, all the pressure shifted to the Canadian team for the hockey part of this tournament."

"Our (U.S.) squad is going to fly under the radar. That's fine. There's going to be this huge glacier of pressure on the Canadian team."

While Burke was busy piling the pressure on Canada, Yzerman tried to

manage national expectations a little bit.

"I think everyone has to realize and accept the fact that in these tournaments — one-game elimination — anything can happen," Yzerman said.

Yzerman was far more comfortable talking about the kind of team he wants to wear the Red and White in the Olympics. It sounds a lot like the team that wears red and white in the NHL.

"I don't expect to be run and gun. We're not going to sit back and be a defensive team, sit back and trap. We've got to attack, we've got to defend," Yzerman said.

"The Red Wings won the Stanley Cup and they were excellent in both ends of the rink."

With the Olympic hockey tournament one year

away, Yzerman was taking questions on a conference call yesterday as he outlined his philosophy on how he intends to build a team.

One-dimensional checkers need not apply.

"I don't want to leave off a goal scorer to bring in a guy who's a designated third-line checker," Yzerman said.

"That doesn't make sense. The best defensive lines are guys who can do it in both ends of the rink."

A coaching staff will be named shortly after the Stanley Cup is awarded, with invitations extended to players by July 1 to attend a week-long camp Aug. 24 in Calgary.

But Yzerman confessed he's faced with an embarrassment of riches in trying to pare a roster down to 13 forwards, seven defence-

**"Our (U.S.) squad is going to fly under the radar. That's fine. There is going to be this huge glacier of pressure on the Canadian team."**

Team USA

GM Brian Burke

men and three goalies.

For one thing, depth at centre suggests Yzerman could have players playing out of position. Consider the availability of centres Sidney Crosby, Ryan Getzlaf, Vincent Lecavalier, Marc Savard, Eric Staal, Jeff Carter, Mike Richards, Jonathan Toews.

Burke has his own bit of stickhandling to do when it comes to picking his coach. His friend, and Maple Leafs coach, Ron Wilson is a candidate for the U.S. job, but not a shoo-in.

"Our friendship is going to survive this (Maple Leafs) relationship," Burke said. "And it's strong enough that it's going to survive Olympic selection."

TORSTAR NEWS SERVICE

## Colangelo working for the weekend

**Bryan Colangelo arrived in his old stomping grounds a marked man, someone who'll be very popular with his fellow NBA general managers during the all-star weekend in Phoenix.**

The Toronto Raptors president has made no secret of the fact he's dissatisfied with some aspects of his team's play and, with the NBA trade deadline less than a week away, the normal chatter he has with rival general managers will take on a far more serious tone.

Colangelo will most likely seek out whoever is in Phoenix representing the Miami Heat to discuss the still-alive talks involving Jermaine O'Neal and Shawn Marion. Despite O'Neal's strong

play — defensively, in particular — the Raptors are still seeking the financial relief (Marion's roughly \$17 million salary comes off the books after the season) the deal would bring, and the under-sized Heat can use a player of O'Neal's calibre.

The two teams have traded medical records on the key players involved (not an uncommon occurrence in significant trade talks) and there have been unconfirmed reports O'Neal has been examined in person by members of Miami's medical staff.

The possibility of an O'Neal trade seems to be the only serious one the Raptors are investigating, although things tend to heat up over the all-star weekend and on the final three days before the deadline.

It's not as if Colangelo is dealing from

### NBA All-Star facts

#### Dunk contest/Saturday

- Rudy Fernandez, Blazers
- Dwight Howard, Magic
- Nate Robinson, Knicks
- J.R. Smith, Nuggets

#### 3-Point shootout/Saturday

- Jason Kapono, Raptors
- Danny Granger, Pacers
- Rashard Lewis, Magic
- Mike Bibby, Hawks
- Roger Mason, Spurs
- Daequan Cook, Heat

#### NBA All-Star Game/Sunday

- East vs. West, 9 p.m., TSN

strength in any other discussions that are sure to come up.

He's been adamant that he's not entertaining offers for Chris Bosh, who he keeps referring to as the "cornerstone" of the franchise and it's a virtual certainty that he won't be talking about Jose Calderon and Andrea Bargnani.

TORSTAR NEWS SERVICE

## A-Rod shamed game: Selig

**MLB** Major League Baseball Commissioner Bud Selig released a statement Thursday addressing this past week's revelation that New York Yankees third baseman Alex Rodriguez admitted to steroid use.

"I am saddened by the revelations concerning Alex Rodriguez's use of performance-enhancing substances," Selig said. "While Alex deserves credit for publicly confronting the issue, there is no valid excuse for using such substances and those who use them have shamed the game. What Alex did was wrong and he will have to live with the damage he has done to his name and reputation."

METRO NEWS SERVICES

### Sports in brief

**NBA** The NBA fined Cavaliers coach Mike Brown \$25,000 Thursday for remarks made about officiating after a loss to Indiana.

METRO NEWS SERVICES

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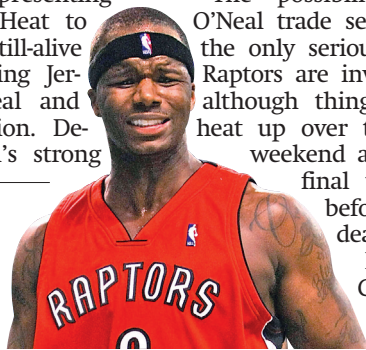
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Many believe Jermaine O'Neal will not be a Raptor this time next week.





## Mooseheads faced with challenging road trip

MATTHEW WUEST  
matthew.wuest@metronews.ca

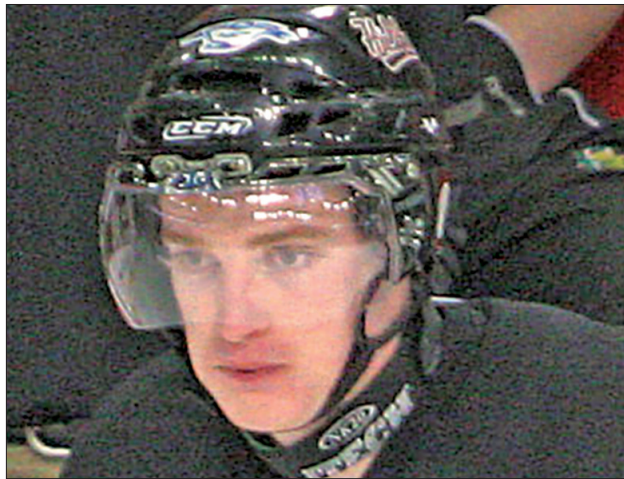
Three games in three days. All on the road. All against powerful teams at least 30 points ahead of them. Yep, the Halifax Mooseheads are in a pickle heading to Quebec, teetering on the brink of missing the QMJHL playoffs.

They play the Gatineau Olympiques on Friday at 8:30 p.m.; the Shawinigan Cataractes on Saturday at 8 p.m.; and the Quebec Remparts on Sunday at 4 p.m.

"Six," said Mooseheads head coach Cam Russell hopefully, when asked how many points he can reasonably expect.

They need them. The Mooseheads (15-33-6) are three points behind Baie-Comeau and Val-d'Or and four points behind Lewiston. With only 14 games left, Halifax must pass two of those teams if it wants to clinch a playoff spot.

Shawinigan (42-11-2) and Quebec (41-11-3) are jockeying for first overall and Gatineau (31-21-4) is



Halifax Mooseheads defenceman Pascal Amyot and his teammates will be playing three games in Quebec this weekend.

rising fast.

Russell felt his troops botched a chance at an easy two points at home on Tuesday, when a poor effort resulted in a 3-2 shootout loss to the Bathurst Titan. He doesn't want repeat showings in Quebec and neither do his players.

"They're great teams and we have to make it hard on them and make sure that no matter what the score is, they're gonna remem-

ber playing the Mooseheads," said blue-liner Pascal Amyot. "That's the message we want to leave."

Forward Matt Boland (shoulder) will be a game-time decision for the weekend games. Forward Guillaume Pelletier, out since Dec. 14 with a broken kneecap, isn't expected to play this season, Russell said. Pelletier was acquired from Rimouski in December as part of the Logan MacMillan trade.

## Volleyball MVPs announced

**HONOURS** Sander Ratsep of the Dalhousie Tigers has been named Atlantic University Sport men's volleyball MVP.

Tigers head coach Dan Ota was named AUS coach of the year. The Tigers (16-2) vie for their 23rd straight AUS championship starting Friday at 7 p.m. at Dalplex against the New Brunswick Varsity Reds.

On the women's side, Saint Mary's Huskies sophomore outside hitter Kerri Smit was MVP, while Halifax's Katherine Ryan of St. Francis Xavier was rookie of the year. **METRO HALIFAX**

## Dacey, MacKenzie unbeaten at Scotia Cup

**CURLING** Mark Dacey won an all-Mayflower matchup with Shawn Adams in a battle of unbeaten teams at the Nova Scotia men's curling championship in Chester on Thursday night.

Dacey earned an 9-8 win in the 11th end and is tied with fellow Mayflower skip Doug MacKenzie as the only unbeaten teams at the Molson Scotia Cup with perfect 3-0 records.

Dacey is a four-time provincial champ (2001, 2003, 2004 and 2006) and

Adams is a three-time winner (2000, 2002 and 2005). Adams dropped to 2-1 and is tied with Peter Burgess, Ian Fitzner-Leblanc, Glen MacLeod, Ken Myers and Chad Stevens.

Defending champion Brian Rafuse of Bridgewater has a 1-2 record and sits tied with 2007 winner Mark Kehoe.

Action resumes Friday at 10 a.m. and continues through the weekend with the final on Sunday at 3 p.m. **METRO HALIFAX**

# Speedy guard lifts Rainmen

MATTHEW WUEST  
matthew.wuest@metronews.ca

Before last Sunday's Halifax Rainmen game, new head coach Les Berry issued Tony Bennett a challenge.

"Can you stop him?" Berry asked, after watching video of Vermont Frost Heaves sharpshooter Joe Nixon torching the Rainmen for 36 points in January.

The answer was a resounding yes. Bennett stuck it to Nixon, limiting him to just seven points and two field goal attempts, helping the Rainmen to a huge win.

"He wanted to know, 'Do I have it in me?'" Bennett said. "I didn't take it as a challenge. It was just what I had to do on the court ... But seven points, a 29-point drop-off, that's huge."

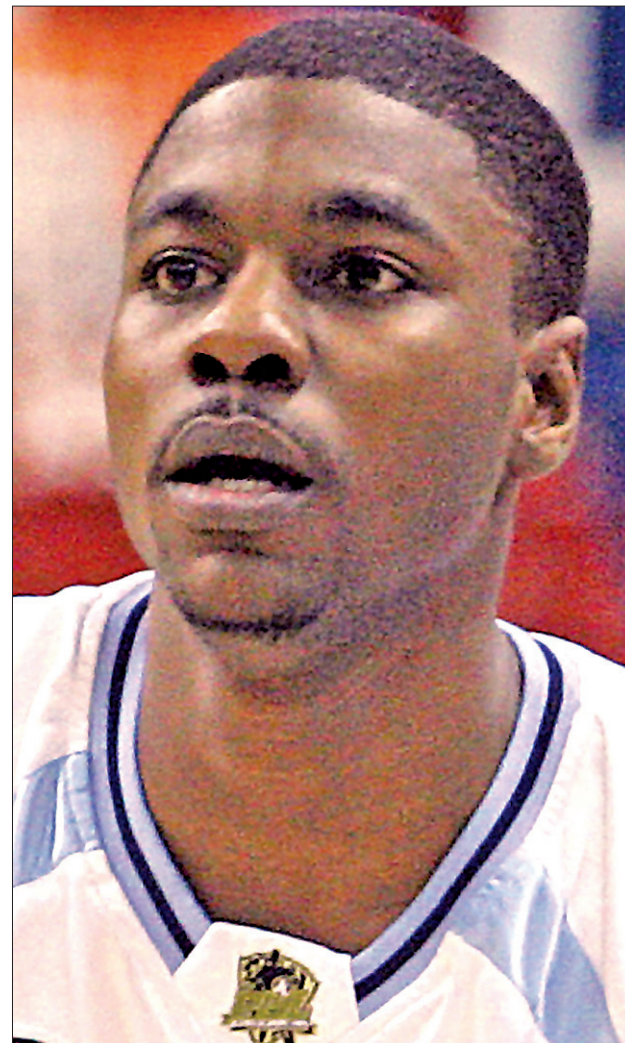
Oh yeah, and the six-foot Bennett also drained 28 points — all in the second half — to pad his team-leading scoring average to 21.3 per game, good for fifth in the Premier Basketball League. He's also averaging 3.5 assists and 1.8 steals.

Bennett, a lightning-quick, score-first guard, has been a jolt of energy since signing four games ago.

"The kid's a talent," said Berry, who took an instant liking to Bennett and played him a team-high 37 minutes.

The 24-year-old from Chicago played two years of NCAA Division I at Bradley University in 2004-05 and 2005-06, averaging 11.1 points per game. He went to the Sweet 16 in 2006, what he describes as the highlight of his career.

He played in Finland and Mexico before coming to Halifax, but said he made some important changes to his game while playing summer-league ball in Chicago last year.



Halifax Rainmen guard Tony Bennett leads the team with 21.3 points per game since joining four games ago.

## Weekend games

- The Halifax Rainmen (7-5) host the Detroit Panthers (2-6) on Friday at 7 p.m. and the Quebec Kebs (2-7) on Sunday at 2 p.m.
- With struggling opponents

in town, the third-place Rainmen could finish the weekend atop the Premier Basketball League's Atlantic Conference with a couple of victories.

"My game got mature, I see things different," he said. "I ain't just about going full speed. I just take it in, kind of lackadaisical, but I'm not being lazy. I toned my game down."

Bennett said he had an invitation to the Chicago Bulls' camp last fall, but it didn't work out.

He's hopeful he might get a look with another NBA team with a strong

season.

Even if he doesn't, he's enjoying his minor-pro journey.

"I've always described this as a paid vacation," said Bennett.

"When I'm out there, between those lines, no matter what's going on in the economy or in my life, nothing really matters. I'm my happiest when I'm out there playing."

## SCOREBOARD

QMJHL					SUNDAY'S GAME					SUNDAY'S GAME				
ATLANTIC DIVISION					Halifax at Victoriaville					Quebec at <b>HALIFAX</b>				
	W	L	OT	P	<b>PBL</b>					<b>NHL</b>				
x-Moncton	40	10	5	85	ATLANTIC CONFERENCE					THURSDAY'S RESULTS				
x-Cape Breton	39	15	2	80		W	L	PCT	Ottawa 5 Philadelphia 2					
Saint John	27	25	4	58	Manchester	8	3	.727	Tampa Bay 6 Toronto 4					
P.E.I.	20	28	9	49	Vermont	7	4	.636	Detroit 4 Minnesota 2					
Bathurst	19	25	10	48	<b>HALIFAX</b>	7	5	.583	Florida 5 Carolina 0					
<b>HALIFAX</b>	15	33	6	36	Montreal	3	5	.375	St. Louis at Nashville					
FRIDAY'S GAME					Quebec	2	7	.222	Vancouver at Phoenix					
Halifax at Gatineau					FRIDAY'S GAME					Calgary at Los Angeles				
SATURDAY'S GAME					Detroit at <b>HALIFAX</b>									
Halifax at Shawinigan														

## Sports in brief

**SPECIAL OLYMPICS** James Blood of Sackville won a gold medal in men's figure skating Level 4 singles at the 2009 World Winter Special Olympic Games in Boise, Idaho, Thursday. It was Nova Scotia's third medal of the Games.

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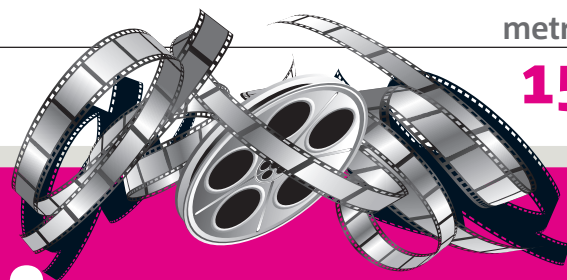
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15

# Movies & Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Movies

### Shop 'til you drop

Pg 16



Shopaholic is a fun interpretation of the first in the best-selling Shopaholic book series and lives up to a Jerry Bruckheimer quality with plenty of laughs and a sweet — however predictable — romance. Isla Fisher proves charismatic and vivacious.

## movies

Pg 17



Friday the 13th is truly scary — for a movie reviewer.

## music

Pg 20




Find Metro's list of the love songs we can live without.

## 7th heaven

Pg 23



Why is this saucy songstress on our weekly hot list?



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## Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

## Confessions of a Shopaholic

Director: P.J. Hogan

Stars: Isla Fisher, Hugh Dancy

Classification: PG

Rating: ●●●●

ROBYN YOUNG  
for Metro Canada

Confessions of a Shopaholic doesn't disappoint as

## Shopaholic deserves some credit

**a fluffy chick flick with a bit of a message that may be perfectly in time with the global recession.**

True to Sophie Kinsella's book of the same name, Shopaholic's main character Rebecca Bloomwood (Isla Fisher) is a hardcore shopping addict who's

racked up over \$9,000 in credit card debt.

Still, she continues to spend, summoned into shops by store mannequins that come to life as she walks down the streets of Manhattan and spends her every waking moment avoiding the an-

noyingly dorky collections' agency guy on her trail.

It's a fun interpretation of the first in the best-selling Shopaholic series and lives up to Jerry Bruckheimer quality with plenty of laughs and a sweet — however predictable — romance between Fisher and

hot up-and-coming Brit Hugh Dancy.

Fisher is well-chosen for the part as the charismatic and vivacious, but at times goofy and awkward, Rebecca who seems ignorant of her own beauty and talent.

It all comes to a head when best friend and room-

mate Suze (Krysten Ritter) finally calls her a hypocrite and Rebecca agrees to get help. The best part of the film is a dancing scene with her leading man where Fisher goes full-tilt on the goofy train, a segment which Dancy says was completely improvised.

## "A COMIC GEM."

Paul Fischer, DARK HORIZONS

STEVE MARTIN is INSPECTOR CLOUSEAU

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**Captain Nemo surges ahead**

Director McG's next project, 20,000 Leagues Under The Sea: Captain Nemo, has been fast-tracked by Disney, with screenwriter Justin Marks coming on board to reshape the script. [EMPIREONLINE.COM](http://EMPIREONLINE.COM)

**Movies**

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

## No scares in Friday

### Friday the 13th

**Director:** Marcus Nispel  
**Stars:** Jared Padalecki  
**Classification:** R  
**Rating:** ●●

**STEVE GOW**  
for Metro Canada



**REVIEW** When director Gus Van Sant remade Psycho in 1998, it was slayed by critics. Trying to recreate the Hitchcock classic shot-for-shot was a daft experiment.

Friday the 13th is one so-called classic in which that strategy may have actually helped. Instead, director Marcus Nispel "re-imagines" its classic killer Jason Voorhees by form-fitting it into a common model.

This is definitely for Jason Voorhees fans. Not only does it overplay the 13 killings, but they're ultimately underwhelming. In fact, with very little suspense to speak of, Friday the 13th isn't scary at all.

## Plot grounds film

### The International

**Director:** Tom Tykwer  
**Stars:** Clive Owen, Naomi Watts  
**Classification:** 14A  
**Rating:** ●●½

**STEVE GOW**  
for Metro Canada



**REVIEW** There should be no doubt that The International is a big movie. It's practically the only revealing aspect one might reason from its vague, inconclusive title.

Indeed, filmed in four countries across two continents, The International may be a global thriller, but it may also be too sprawling for its own good.

Interpol agent Louis Salinger (Clive Owen) has dedicated his career to taking down a powerful international bank that has been secretly dealing in financing terrorism. He seeks support from a Manhattan District Attorney (Naomi Watts) and sets out



Clive Owen star in the thriller The International.

to chase down the cold-blooded corporate culprits from Berlin to Milan to New York and Istanbul. Unfortunately, as fascinating as these locales are, this worldwide chase becomes plodding and tiresome early on by an eagerness to establish expanse (we all get it, it's a big bank).

In fact, it isn't until Salinger finds himself in a well-choreographed shoot-out in Manhattan's Guggenheim that The Interna-

tional becomes the taut, suspenseful homage to '70s thrillers like The French Connection that it aspires to be.

Playing an all-but-defeated obsessive, Owen looks authentically exhausted. But in the end, it's the superfluous, tedious story that bogs down The International and makes its audience feel jet-lagged — as if they were the ones dragged across four countries and two continents.

## Sea 3-D awash in stunning images

### Under the Sea 3-D

**Director:** Howard Hall  
**Classification:** STC  
**Rating:** ●●●½

**PHIL BROWN**  
for Metro Canada



**REVIEW** Visually stunning from the first frame to the last and laced with plenty of information that will subtly educate the stunned and awed audience, Under the Sea 3-D is one of the most impressive examples of the IMAX 3-D format.

The film was directed by Howard Hall, whose previous underwater IMAX project, Deep Sea 3-D, is the second highest grossing IMAX doc to date. Hall is a master of creating immersive 3-D images that bring the audience as close to actual underwater diving as possible without getting wet.

The movie is filled with un-

forgettable images that come alive on the massive IMAX screens. Some sequences such as a sea turtle eating a jellyfish or the bizarre mating rituals of the giant cuttlefish have an almost hypnotic pictorial beauty.

When combined with the increasingly impressive modern 3-D technology the result is gorgeously stylized, yet realistic enough to have children and gullible adults grasping at the screen. Due to the vast scope of the IMAX screen the 3-D technology is not merely a gimmick like the '50s horror films, but an incredible form of immersive visual storytelling that makes the screen feel like a window.

There's no denying that the primary success of Under the Sea lies in its wow factor. Jim Carrey narrates the piece, dropping facts to keep things educational, but frequently the imagery is so compelling that it can be difficult to concentrate on anything else.

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## Movies

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## Oscar speeches: Shorter is better

and me now already the statuette award." With those dip-sy doodle words Emil Jannings became the first Academy Award winner for best actor. It was a short and sweet speech which set the template for

The 81<sup>st</sup> Annual  
Academy Awards

other loopy acceptance speeches to come—well, except for the short part. Oscar speeches range from funny ("It couldn't

have happened to an older guy," said 80-year-old George Burns of his Sunshine Boys win) to inflammatory (Michael Moore's, "Shame on you Mr. Bush! Shame on you!" outburst) to bizarre ("I am so in love with my brother," cooed Girl, Interrupted Best Sup-

porting Actress Angelina Jolie) to heartfelt ("You like me!" yelped Sally Fields, "You really like me!") and egotistical ("I would like to thank my colleagues," intoned composer Dimitri Tiomkin, "Brahms, Bach, Beethoven, Richard Strauss") but to make a really

successful speech there just are five basic rules:

1. Keep it short: The show is long so you'll be a hero if you keep your speech under 45 seconds. Take the lead from Jane Fonda, best actress for Kluge, "There's a great deal to say," she said, "but I'm not going to say it tonight."

2. Give Thanks: No man or woman is an island, so you have to thank someone (unless you are screenwriter Donald Ogden Stewart who said "I am happy to report that I am entirely and solely responsible for the success of The Philadelphia Story"), but know where to draw the line. Find a happy medium somewhere between Jon Landau who thanked a laundry list of 45 people after Titanic's best picture win and William Holden's simple "Thank you" after he nabbed Best Actor for Stalag 17.

Also, remember to thank really important people. Don't be like Hillary Swank who thanked everyone on the planet except her husband Chad Lowe when she won for Boys Don't Cry.

4. Be memorable: This may be the biggest audience you'll ever play to so say something unforgettable. More people remember Cuba Gooding Jr.'s exuberant Jerry Maguire speech than any of the

## InFocus

## Richard Crouse

mrchaos33@hotmail.com

movies he's made since then and De Niro made headlines when he accepted his best actor award for Raging Bull by thanking Jake LaMotta, "even though he's suing us."

5. Be Coherent: It's an exciting moment, but don't get rattled unless you want to see yourself all over the Net the next day sputtering nonsense. Jonathan Demme must regret using the word "uh" 40 times in his rambling acceptance speech for The Silence of the Lambs, and who knows what Laurence Olivier was thinking when he delivered a head-scratcher of a speech about "the first breath of the majestic glow of a new tomorrow" that left everyone in the audience baffled.

If every winner adhered to these few simple rules Oscar night could be a zippier, fun-filled affair instead of, as Johnny Carson joked, "Two hours of sparkling entertainment spread over four hours."

Richard Crouse's Movie Show can be seen every Sunday at 6:30 pm on the E! Channel.

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## PUBLIC MEETINGS

## School Review: Saint Mary's

The Halifax Regional School Board is currently conducting a school review of Saint Mary's School, a grade Primary to six school in Halifax.

In accordance with the *Education Act and Regulations*, an *Impact Assessment Report* has been prepared looking at potential options regarding the future of the school.

A Study Committee has been formed and has responded to the *Impact Assessment Report*.

As part of the process, the school board will hold public meetings to give the public an opportunity to make representations to the Study Committee's response.

The meetings will take place at the following times:

Tuesday, February 17, 2009, 6 p.m.  
Saint Mary's School  
5614 Morris Street

(If necessary)

Thursday, February 19, 2009, 6 p.m.  
Saint Mary's School  
5614 Morris Street

Members of the public interested in making a representation should contact the Halifax Regional School Board at 464-2000 ext. 2321 or e-mail [corporatesecretary@hrsb.ns.ca](mailto:corporatesecretary@hrsb.ns.ca).

A copy of the *Impact Assessment Report* and the Study Committee's response can be found on the board's website at [www.hrsb.ns.ca/content/id/1030.html](http://www.hrsb.ns.ca/content/id/1030.html) or by contacting the board using the information listed above.

A decision on the future of Saint Mary's School will be made by the school board no later than March 31, 2009.

The board could decide, among other things, to:

- keep the school open;
- consolidate the school, or a part of the school, with another public school; or
- permanently close the school.



Halifax Regional  
School Board

## Fired Up brings good cheer

STEVE GOW  
for Metro Canada



In the new comedy *Fired Up*, two high school football stars attempt to expand their dating pool by spending the summer at cheerleading camp. After all, where else would be better to meet cute, athletic girls? Once they arrive however, the characters (and their actor counterparts) discover something else — an extremely difficult athletic sport.

Although the choreography in *Fired Up* — which opens in theatres next Friday — is sure to gain admirers, it is still a comedy intended to mock the sub-culture of cheerleaders.

No scene perhaps captures that spirit more than one in which actors Eric Christian Olsen and Nicholas D'Agosto had to strip down and perform a naked cheer.



This week's new releases are highlighted in pink.

Screen Times

THESE PAGES COVER MOVIE START TIMES FROM FRI., FEB. 13 TO THURS., FEB. 19. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

HALIFAX

BAYERS LAKE

190 Chain Lake Dr., Bayers Lake  
902-876-4800

**Bride Wars** (PG) Dolby Stereo, Stadium Seating Fri-Thu 1:30-4:20-7:25-9:50  
**The Class** (STC) Dolby Stereo, Stadium Seating Fri-Thu 12:40-3:30-6:30-9:25  
**Confessions of a Shopaholic** (PG) Dolby Stereo, Stadium Seating, No Passes Fri-Thu 12:50-3:50-7-9:30  
**Coraline** (PG) Dolby Stereo Fri-Thu 12:35-3:25-6:30-8:55  
**Defiance** (14) Dolby Stereo, Stadium Seating Fri-Thu 9:20  
**Friday the 13th** (18) Dolby Stereo, Stadium Seating, No Passes Fri-Thu 12:40-1:10-3:20-4:10-7:10-7:30-9:45-10:05  
**Gran Torino** (14) Dolby Stereo Fri-Thu 12:40-3:40-6:40-9:35  
**He's Just Not That Into You** (PG) Dolby Stereo, Stadium Seating Fri-Thu 12:50-3:40-6:40-9:35  
**Hotel for Dogs** (G) Dolby Stereo Fri-Thu 1:05-3:55-6:30  
**The International** (14) Dolby Stereo, Stadium Seating Fri-Thu 1:10-4:15-7:15-9:50  
**Paul Blart: Mall Cop** (PG) Dolby Stereo, Stadium Seating Fri-Thu 12:12-5:55-6:45-9:05  
**The Pink Panther 2** (PG) Dolby Stereo, Stadium Seating, No Passes Fri-Sun 1:10-3:40-6:50-9:15 Dolby Stereo, Stadium Seating Mon-Thu 1:10-3:40-6:50-9:15  
**Push** (14) Dolby Stereo, Stadium Seating Fri-Thu 1:15-4:10-7:15-9:50  
**Revolutionary Road** (14) Dolby Stereo, Stadium Seating Fri-Thu 12:50-3:40-6:35  
**Slumdog Millionaire** (14) Dolby Stereo, Stadium Seating Fri-Thu 12:45-3:50-6:50-9:30  
**Taken** (14) Dolby Stereo, Stadium Seating Fri-Thu 1:25-4:7-9:30  
**The Uninvited** (PG) Dolby Stereo Fri-Thu 9:15  
**The Wrestler** (14) Dolby Stereo Fri-Sat 1:20-4:20-7:15-9:55 Dolby Stereo Sun 1:20-4:20 Dolby Stereo Mon-Thu 1:20-4:20-7:15-

9:55  
**WWE: No Way Out 2009** (STC) Dolby Stereo, Stadium Seating Sun 9

IMAX

190 Chain Lake Dr., Bayers Lake  
902-876-4800

**Under the Sea 3D** (STC) Dolby Stereo, Stadium Seating Fri-Wed 12:30-2:15-4-6:30-8-9:25 Dolby Stereo, Stadium Seating Thu 12:30-2:15-4-5:50-9:25

OXFORD THEATRE

6408 Quinpool Rd.  
902-423-7488

**Slumdog Millionaire** (14) Fri 6:45-9:30 Sat-Sun 2-6:45-9:30 Mon-Thu 6:45-9:30

PARK LANE

5657 Spring Garden Rd.  
902-423-4860

**Confessions of a Shopaholic** (PG) Stadium Seating, No Passes Fri-Sun 12:50-3:20-7-9:30 Stadium Seating, No Passes Mon-Thu 3:20-7-9:30  
**Friday the 13th** (18) No Passes, Stadium Seating Fri-Sun 1:20-4-7:10-9:40 No Passes, Stadium Seating Mon-Thu 4-7:10-9:40  
**He's Just Not That Into You** (PG) Stadium Seating Fri-Sun 12:30-3:30-6:20-9:10 Stadium Seating Mon-Thu 3:30-6:20-9:10  
**The International** (14) Stadium Seating Fri-Sun 1-3:40-6:40-9:20 Stadium Seating Mon-Thu 3:40-6:40-9:20  
**Metropolitan Opera: Thais Encore NCM Event** (STC) Stadium Seating Sat 1  
**The Pink Panther 2** (PG) Stadium Seating, No Passes Fri-Sun 1:10-3:50-6:45-9 Stadium Seating Mon-Thu 3:50-6:45-9  
**Push** (14) Dolby Stereo, Stadium Seating Fri 12:40-3:45-6:50-9:45 Dolby Stereo, Stadium Seating Sat 6:50-9:45 Dolby Stereo, Stadium Seating Sun 12:40-3:45-6:50-9:45 Dolby Stereo, Stadium Seating Mon-Thu 3:45-6:50-9:45  
**The Reader** (14) Dolby Stereo, Stadium Seating Fri 12:35-3:10-6:30-9:05 Dolby Stereo, Stadium Seating Sat 6:30-9:05 Dolby Stereo, Stadium Seating Sun 12:35-3:10-

6:30-9:05 Dolby Stereo, Stadium Seating Mon-Tue 3:10-6:30-9:05 Dolby Stereo, Stadium Seating Wed 3:10-9:05 Dolby Stereo, Stadium Seating Thu 3:10-6:30-9:05  
**Taken** (14) Dolby Stereo, Stadium Seating Fri-Sun 1:30-4:10-7:20-9:50 Dolby Stereo, Stadium Seating Mon-Thu 4:10-7:20-9:50

LOWER SACKVILLE

LOWER SACKVILLE

760 Sackville Dr., Downsview Plaza  
902-869-2022

**Confessions of a Shopaholic** (PG) Stadium Seating, No Passes Fri 2:50-7-9:30 Stadium Seating, No Passes Sat-Sun 1-10-3:40-7-9:30 Stadium Seating, No Passes Mon-Thu 7-9:30  
**Coraline** (PG) Stadium Seating Fri 2-6:45 Stadium Seating Sat-Sun 12:30-3-6:45 Stadium Seating Mon-Thu 6:45  
**Friday the 13th** (18) Stadium Seating, No Passes Fri 3-7:20-9:40 Stadium Seating, No Passes Sat-Sun 1:20-3:50-7:20-9:40 Stadium Seating, No Passes Mon-Thu 7-20-9:40  
**He's Just Not That Into You** (PG) Stadium Seating Fri 2:20-6:30-9:20 Stadium Seating Sat-Sun 12:30-3-6:30-9:20 Stadium Seating Mon-Thu 6:30-9:20  
**Hotel for Dogs** (G) Stadium Seating Fri 2:45 Stadium Seating Sat-Sun 12:45  
**Milk** (14) Stadium Seating Fri-Thu 9:10  
**Paul Blart: Mall Cop** (PG) Stadium Seating Fri 7:15-9:30 Stadium Seating Sat-Sun 1-3:15-7:15-9:30 Stadium Seating Mon-Thu 7:15-9:30  
**The Pink Panther 2** (PG) Stadium Seating Fri 2:30-6:50-9 Stadium Seating Sat-Sun 3:10-6:50-9 Stadium Seating Mon-Thu 6:50-9  
**Taken** (14) Stadium Seating Fri 2:15-7:10-9:25 Stadium Seating Sat-Sun 12:50-3-7:10-9:25 Stadium Seating Mon-Thu 7:10-9:25

DARTMOUTH

DARTMOUTH

650 Portland St., 902-434-4200

**Bride Wars** (PG) Dolby Stereo Digital Fri

6:55-9:20 Dolby Stereo Digital Sat-Sun 2:50-6:55-9:20 Dolby Stereo Digital Mon-Thu 6:55-9:20  
**Cadillac Records** (14) Fri 6:35-9:05 Sat-Sun 2:10-6:35-9:05 Mon-Thu 6:35-9:05  
**A Christmas Tale (French w/e.s.t.)** (STC) Thu 7  
**Hotel for Dogs** (G) Fri 6:45 Sat-Sun 2:30-6:45 Mon-Thu 6:45  
**New in Town** (PG) Fri 6:50-9:15 Sat-Sun 2:40-6:50-9:15 Mon-Wed 6:50-9:15  
**The Reader** (14) Fri 6:30-9 Sat-Sun 2-6:30-9 Mon-Thu 6:30-9  
**The Uninvited** (PG) Fri-Thu 8:55  
**The Wrestler** (14) Dolby Stereo Digital, Stadium Seating Fri 6:40-9:10 Dolby Stereo Digital, Stadium Seating Sat-Sun 2:20-6:40-9:10 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:40-9:10

DARTMOUTH CROSSING

145 Shubie Dr., Dartmouth Crossing  
902-481-3251

**Confessions of a Shopaholic** (PG) Dolby Stereo Digital, No Passes, Stadium Seating Fri-Thu 12:50-3:50-7-9:40  
**Coraline** (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:15-4:10-7:15  
**Friday the 13th** (18) Dolby Stereo Digital, No Passes, Stadium Seating Fri-Thu 1:30-4:20-7:10-9:50  
**Gran Torino** (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:40-3:35-6:35-9:25  
**He's Just Not That Into You** (PG) Dolby Stereo Digital, Stadium Seating Fri-Tue 12:30-3:30-6:30-9:40 Dolby Stereo Digital, Stadium Seating Wed 3:30-6:30-9:40 Dolby Stereo Digital, Stadium Seating Thu 12:30-3:30-6:30-9:40  
**Hotel for Dogs** (G) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:35-3:45-6:25  
**The International** (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:05-4:7:05-9:55  
**Metropolitan Opera: Thais Encore** (STC) Dolby Stereo Digital, Stadium Seating Sat 1  
**My Bloody Valentine 3D** (18) Dolby

Stereo Digital, Stadium Seating Fri-Thu 9:45  
**Paul Blart: Mall Cop** (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:40-4:30-7:30-9:55  
**The Pink Panther 2** (PG) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Thu 12:55-3:55-6:45-9:20  
**Push** (14) Dolby Stereo Digital, Stadium Seating Fri 1:20-4:05-7:20-9:50 Dolby Stereo Digital, Stadium Seating Sat 7:20-9:50 Dolby Stereo Digital, Stadium Seating Sun 1:20-4:05 Dolby Stereo Digital, Stadium Seating Mon-Thu 1:20-4:05-7:20-9:50  
**Slumdog Millionaire** (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 1-3:55-6:55-9:40  
**Taken** (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:45-3:40-6:40-9:15  
**The Uninvited** (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 9:10  
**WWE: No Way Out 2009** (STC) Dolby Stereo Digital, Stadium Seating Sun 9

TRURO

TRURO

20 Treaty Trail, Millbrook  
902-895-8020

**Confessions of a Shopaholic** (PG) Dolby Stereo Digital, Stadium Seating Fri 7:05-9:20 Dolby Stereo Digital, Stadium Seating Sat-Sun 2:20-7:05-9:20 Dolby Stereo Digital, Stadium Seating Mon-Thu 7:05-9:20  
**Coraline** (PG) Dolby Stereo Digital, Stadium Seating Fri 7:20 Dolby Stereo Digital, Stadium Seating Sat 2:30-7:20 Dolby Stereo Digital, Stadium Seating Sun 2:30-6:55 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:55  
**Friday the 13th** (18) Dolby Stereo Digital, Stadium Seating Fri 6:40-8:50 Dolby Stereo Digital, Stadium Seating Sat-Sun 2:10-6:40-8:50 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:40-8:50  
**Gran Torino** (14) Dolby Stereo Digital, Stadium Seating Fri-Sat 9:15 Dolby Stereo Digital, Stadium Seating Sun-Thu 8:50  
**He's Just Not That Into You** (PG) Dolby Stereo Digital, Stadium Seating Fri 6:30-

9:10 Dolby Stereo Digital, Stadium Seating Sat-Sun 2-6:30-9:10 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:30-9:10  
**Paul Blart: Mall Cop** (PG) Dolby Stereo Digital, Stadium Seating Fri 7:30-9:25 Dolby Stereo Digital, Stadium Seating Sat 2:45-7:30-9:25 Dolby Stereo Digital, Stadium Seating Sun 2:45-7-8:55 Dolby Stereo Digital, Stadium Seating Mon-Thu 7-8:55  
**The Pink Panther 2** (PG) Dolby Stereo Digital, Stadium Seating Fri 7-9:10 Dolby Stereo Digital, Stadium Seating Sat 2:15-7-9:10 Dolby Stereo Digital, Stadium Seating Sun 2:15-6:45-8:55 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:45-8:55  
**Rachel Getting Married** (14) Dolby Stereo Digital, Stadium Seating Wed 7  
**Taken** (14) Dolby Stereo Digital, Stadium Seating Fri 7:10-9:15 Dolby Stereo Digital, Stadium Seating Sat 2:40-7:10-9:15 Dolby Stereo Digital, Stadium Seating Sun 2:40-6:35-8:40 Dolby Stereo Digital, Stadium Seating Mon-Tue 6:35-8:40 Dolby Stereo Digital, Stadium Seating Wed 9:15 Dolby Stereo Digital, Stadium Seating Thu 6:35-8:40

BRIDGEWATER

BRIDGEWATER

349 Lahave St., 902-527-4020

**Confessions of a Shopaholic** (PG) No Passes Fri 7-9:30 No Passes Sat-Sun 2:20-7-9:30 No Passes Mon-Thu 7-9:30  
**Coraline** (PG) Fri 6:40 Sat-Sun 2-6:40 Mon-Thu 6:40  
**Friday the 13th** (18) No Passes Fri 7:15-9:35 No Passes Sat-Sun 2:45-7:15-9:35 No Passes Mon-Thu 7:15-9:35  
**He's Just Not That Into You** (PG) Fri 6:30-9:15 Sat-Sun 2:05-6:30-9:15 Mon-Thu 6:30-9:15  
**Paul Blart: Mall Cop** (PG) Fri 6:55-9:10 Sat-Sun 2:30-6:55-9:10 Mon-Thu 6:55-9:10  
**The Pink Panther 2** (PG) No Passes Fri 6:45-9 No Passes Sat-Sun 2:15-6:45-9 Mon-Thu 6:45-9  
**Push** (14) Fri-Thu 9:05  
**Taken** (14) Fri 6:35-8:50 Sat 2:35-6:35-8:50 Sun 9:25 Mon-Thu 6:35-8:50

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\*See dealers for complete program details.

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## Music

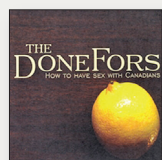
## Metro recommends

• THE DEREK TRUCKS BAND, **ALREADY FREE:**

Soulful southern blues-rock filled with stellar slide work and nimble-fingered solos from a guitar prodigy.

• THE DONEFORS, **HOW TO HAVE SEX WITH CANADIANS:**

While they're not really providing an instruction manual, this group meshes Janine Stoll's mesmerizing voice with many musical genres.



• **THE LOST FINGERS, LOST IN THE 80S:** Freshen up the Valentine's party with covers of Tainted Love and other '80s classics from this jazzy Juno-nominated acoustic trio.



METRO NEWS SERVICES

## No love for these songs

BRIAN TOWIE  
Metro Canada

There are many who don't feel the love this time of year, who view Valentine's Day — and romance in general — as foolish sentimental rubbish, often concisely framed in bad pop songs.

That said, we've pooled opinions on some of the worst love songs of all time, just in time for the big day. And way to go Cancon — three of them are Canadian.

• **Everything I Do (I Do It For You), Bryan Adams:** With its sauntering tempo and

maudlin lyrics, this 1991 song by the Canadian rocker-turned-shutterbug calls up images of adolescent boys and girls standing on opposite sides of the gymnasium, until forced by the teacher to pair up and awkwardly hold each other while waddling in a spacious circle.

• **My Heart Will Go On, Celine Dion:** Pretty much anything done by Quebec's greatest mistake will induce bile faster than ingesting a bowl of week-old poutine, but there's a special place in hell for this one. The histrionic, maple-flavoured sap of Dion's

## Valentine's Day

most notorious work will have you rejoicing at Leonardo DiCaprio's death in Titanic. "Jack, I'm flying," Kate Winslet says. Jack, I'm throwing up in my mouth.

• **Every Rose Has Its Thorn, Poison:** Just like every hair band has a crap love song. Frontman Bret Michaels wrote this power ballad after an affair with a Los Angeles stripper went bad. Dejected after hearing a man's voice in the background during a phone call to her, Michaels concocted this noxious faux-country tale of woe in a laundromat.

Today, his romantic misfires are documented on Rock Of Love, a TV series on

which you can at least change the channel.

• **Hello, Lionel Richie:** A romantic R&B classic from multi-platinum album Can't Slow Down, guaranteed to make you giggle more than swoon. The

singer's vulnerability borders on the comical, earning lampoons on Family Guy and The 40 Year Old Virgin.

## The Good

On the other hand, here are some classic love songs:

- My Girl, The Temptations,
- At Last, Etta James
- Who's That Lady, The Isley Brothers
- Angie, Rolling Stones

gin, playing while Steve Carell reluctantly prepares to have at himself. You'll never believe a song so bad could be so enjoyable.

• **Still The One, Shania Twain:** This Canadian country catastrophe is more likely to encourage a coma than a romance. It plays while you fall half-asleep in the waiting room at the dentist's office, it's the tune that's sung by the tone-deaf waitress on karaoke Tuesday nights and the song your uncle and aunt slow-dance to on their 25th wedding anniversary (which I suppose is romantic in its way).

Celine Dion  
GETTY IMAGESBryan Adams  
GETTY IMAGES

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[www.rainmenbasketball.ca](http://www.rainmenbasketball.ca)

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## Music

# Avoid a mixtape mishap

SoundCheck

Alan  
Cross

alan@ongoinghistory.com

If your plans this Valentine's Day include creating a mixtape for your beloved, here are some helpful hints that will help you avoid any one, er, misinterpreting your true intentions.

• **One, U2:** Like U2 themselves, I've been to far too many weddings where this has been the bride and groom's first dance and each time I cringe. First, the song had such a difficult birth that it almost resulted in the breakup of U2. More importantly, is the grudging love/hate nature of the lyrics. The wrong message: We're together, but only because we have to be to survive.

• **With or Without You, U2:** Sure, it sounds all romantic, but again, take a very close listen to the lyrics. The song is written from the perspective of a man who both loves and reviles the object of his affections and is tortured by the contradictions of the relationship. The wrong message: Women —

can't live with them, can't live without

## Valentine's Day

them.

• **Every Breath You Take, The Police:** A track that sounds like a love song, but is actually a statement of malicious intent by a stalker. And do you really want to include a song that Sting was inspired to write after he separated from his first wife? On a happier note, Sting was in Jamaica at the time and wrote the song on the same desk that Ian Fleming used when he wrote all those James Bond novels.

Then again, James Bond isn't the most faithful of men, either, is he? The wrong message: I'm watching you — and I'm gonna get you

when you least expect it. • **Crash into Me, Dave Matthews Band:** Just like Every Breath You Take, the narrator of the song is a stalker-ish creep, specifically a peeping tom. And the bit about being "tied up and twisted?" Hmm. The wrong message: I'm a perv.

• **The Best of My Love, The Eagles:** Don Henley's ode to inadequacy. What part of "You got the best of my love/I guess that wasn't enough" is unclear? The wrong message: I did my best to please you, but I guess I'm just an inadequate dork.

• **The One I Love, REM:** Forget the angry minor key for a second, although that doesn't help. Instead, skip to the part where Michael Stipe calls the subject of the song "A simple prop to occupy my time." The wrong message: You're a waste of space and I feel abandoned because of it.

GETTY IMAGES



The Ongoing History of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com







Wal-Mart Stores Inc. is hoping that the vampire romance movie *Twilight* will mean runaway success at its cash registers. The *Twilight* movie DVD is slated for release on March 21. **METRO NEWS SERVICES**

## Entertainment

# And the Oscar (doesn't) go to...

STEVE GOW  
for Metro Canada



Although there may not have been an earth-shattering dark horse, there was one notable surprise unwrapped during the unveiling of the Academy Award nominees and it came via *The Reader*.

With five nods (including best actress for star Kate Winslet), *The Reader* wasn't so much a bombshell for wrangling nominations as much as it was for being deemed the film that knocked blockbuster

*The Dark Knight* out of contention for Best Picture.

But while the focus has been primarily on *The Dark Knight*'s stunning absence in that category, there have been several other overlooked films in the race for an Oscar this year. While the Academy may ignore their significance, they are worth noting here:

#### THE WRESTLER

Bruce Springsteen has been getting most of the attention ever since his musical contribution to

#### Where is Andrew Stanton's (*Wall-E*) nomination for best director?

*The Wrestler* was snubbed by the Academy but many fans have also been abuzz on the Internet arguing the film itself was deserving of best picture.

#### WALL-E

The first-ever animated movie to win top spot from the L.A. Film Critics Association, many thought it could do the same at this year's Oscars. There's little doubt it will

take best animated picture, but where is Andrew Stanton's nomination for best director?

#### HAPPY GO LUCKY

Sally Hawkins may have shocked many by taking home the Golden Globe for best actress earlier this year but she's surprising even more by not even receiving an Oscar nomination for her fantastic role in *Happy Go*

Lucky.

#### WENDY AND LUCY

This intimate drama about a girl who loses her beloved pooch on a cross-country road trip took top honors from the Toronto Film Critics' Association and was named one of the best movies of the year by the American Film Institute. Film critic A.O. Scott even wrote "it does not contain a superfluous word or shot." Unfortunately for writer/director Kelly Reichardt, that collective acclaim will be all for naught at this year's

The 81<sup>st</sup> Annual

Academy Awards

Oscars.

#### GRAN TORINO

At 78-years-old, Torino may be Clint Eastwood's final acting performance. As such, people are fuming that he didn't even receive a nomination for his powerful portrayal of a bigoted war veteran. Still, the best actor category is one of the toughest races — who would you replace?



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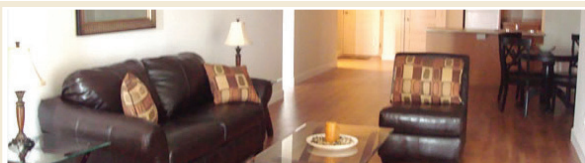
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**Tip of the Day:** Keep away from small people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great. — *Mark Twain*

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**U2 gets week long gig on David Letterman show**

Irish supergroup U2 have found what they are looking for to promote their new album in the United States — a five-night gig on the Late Show with David Letterman. For the first week of March, U2 will perform every night on the show. **METRO NEWS SERVICES**

movies&entertainment **25****Entertainment**

# Love, Hate and The Von Bondies

**BRYAN BORZYKOWSKI**  
for Metro Canada



**It used to be every band's dream — sign to a major label, record a disc, and watch the money roll in. But after hearing what the Von Bondies went through on their big name label, it's no wonder more acts are turning to indies.**

"One of the main guys at Sire told us that we're not emo enough," says Jason Stollsteimer, the band's lead singer. "My answer was good, I want off the label. But, it took two years to get out of our contract."

Costly lawyers were involved, he wasn't allowed to

release anything the four-some recorded and he almost gave up music forever. "I stopped playing for a year and a half cold turkey because I was pissed," he reveals. "What's the point of writing songs when no one is ever going to hear them?"

To make matters worse, the singer got divorced from his wife of four years. "I realized I was not made to be at home," he explains. "It was the best eye opener I ever had."

After finally extracting themselves from Sire, and with Stollsteimer's personal life in order, the band was ready to produce their follow-up to 2004's *Pawn Shoppe Heart* and one of

their most invigorating releases in years.

*Love, Hate and Then There's You*, is a daring, in-your-face 12-song blast of amped-up garage rock. It's loaded with soaring, sing-along vocals and a screw you attitude that likely comes from all the trials and tribulations the band's faced over the last few years.

Some fans might long for the blues-influenced tunes the Von Bondies released on their first disc, *Lack of Communication*, but Stollsteimer says he's never going back to the old days.

"Blues purists won't like this record," he says. "We're not playing blues. We're not regurgitating something

that happened 40 years ago. We know too much to go back."

While they might have removed the blues from their past, one thing they can't completely shake from their history is Stollsteimer's bar fight with The White Stripes' Jack White. The punch-up resulted in a heap of negative press for the Von Bondies.

Luckily, most of the backlash has faded, except with "obsessed Stripes fans and bloggers" and it's not a big deal for Stollsteimer anymore, especially considering what else he's had to deal with since.

"That's so far behind me. It's a tiny little blip in my



Jason Stollsteimer of the Von Bondies knows two things, he'll never sign to another major again and he'll always play music.

life," he says. "Getting divorced was way worse."

Whatever life has in store for Stollsteimer going forward, he knows two things for sure — he'll never sign to another major again and he'll keep playing music as

long as he can.

"I own the songs right now and I control everything," he says. "It's not so much about money — I'd make more having a normal job — but this is my drug of choice."



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Mandy Moore will tie the knot with her musician beau Ryan Adams, her publicist confirmed to People magazine. Details weren't immediately available. Moore, 24, and Adams, 34, had dated off-and-on since March 2008. **METRO NEWS SERVICES**

## Celebrity Buzz

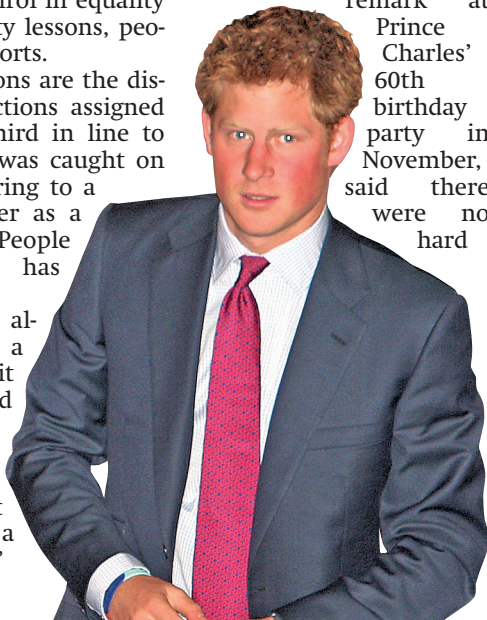
# Lesson in manners set for Prince Harry

**PEOPLE** Prince Harry has been ordered by his army bosses to enrol in equality and diversity lessons, people.com reports.

The sessions are the disciplinary actions assigned after the third in line to the crown was caught on video referring to a fellow soldier as a "Paki," People magazine has confirmed.

The news also comes a day after it was reported that Harry, 24, told a comedian, "You don't sound like a black chap." Comic

Stephen K. Amos, the target of Harry's "black chap" remark at Prince Charles' 60th birthday party in November, said there were no hard



GETTY IMAGES PHOTOS

feelings towards Harry and he (Amos) had not taken offence.

"As a comedian it is my job to find the funny. I was honoured to be asked to perform at the 60th birthday comedy event for Prince Charles," said Amos. "I do not believe Prince Harry was racist to me."

The army course in diversity will take place soon, royal insiders tell People. Harry is expected to attend the lessons over a period of days.

Thursday, Harry's office at St. James's Palace told People, "Prince Harry has said he is sorry for his remarks. He has been subjected to the normal army disciplinary procedures."

**METRO NEWS SERVICES**

# Fans show Rihanna love on online community

**INCIDENT** Days after Rihanna was allegedly beaten by her boyfriend, Chris Brown, fans are filling her MySpace page with words of encouragement, people.com reports.

"YOU deserve BETTER," writes Jessica.

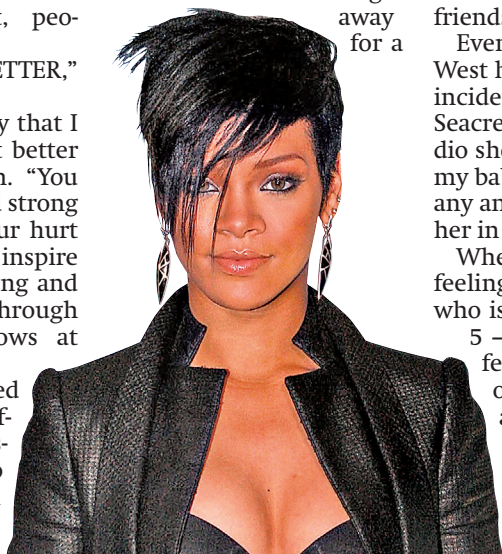
"I just want to say that I really hope you get better soon," says Morgan. "You are such a great and strong woman ... Turn your hurt into a song that can inspire everyone to be strong and it will get you through whatever life throws at you."

A fan named Leiah'i'ena even offered the Barbados-bred singer (who hasn't been seen in public since the

Sunday morning incident) refuge in Hawaii.

"Keep shining that smile of yours!" says Leiah'i'ena.

"Need to get away for a



while hit me back, my family owns some private beaches if you wanna wine (sic) down and relax with some of your family or friends."

Even celebrity pal Kanye West has spoken about the incident, telling Ryan Seacrest on his Tuesday radio show, "I feel like that's my baby sis and I would do any and everything to help her in any situation."

When it comes to their feelings about Brown — who is due in court March 5 — Rihanna's fans offer mostly blunt words of advice, people.com adds.

Writes Grantos: "Leave His A—."

**METRO NEWS SERVICES**

# TV's Ripa says nothing wrong with plastic surgery

**IMAGE** People.com is reporting that while she may be pretty as a picture, Kelly Ripa claims she hasn't ruled out plastic surgery.

"I really don't think there is anything wrong with it," the talk show host, 38, told People magazine Wednesday at an Electrolux photo shoot in Manhattan.

"I mean, I always like the way I look if I'm on the cover of a magazine — when they airbrush me, I always look so much bet-

ter.

"Why is that? Well, because they smooth out fine lines."

Happily married to actor Mark Consuelos and the mother of three — Michael, 11; Lola, 7; and Joaquin, 5 — Ripa does not think she is ready to go under the knife, but admits she is definitely open to the option when and if the time should come.

"I am in a place in my life where I don't think there is anything wrong

with it. I mean, I get my teeth cleaned if they are dirty. If my roots darken, I get them coloured," she said.

Not that outer beauty is the only thing on Ripa's mind. With the help of Electrolux,



she is working to help raise \$500,000 for the Ovarian Cancer Research Fund.

"This way people can do something good for women," she said.

**METRO NEWS SERVICES**

# Sadness led Tara to rehab

**PEOPLE** Tara Reid checked into rehab because she was "sad and conflicted," femalefirst.co.uk reports.

The 33-year-old actress recently completed a 60-day stay at Malibu's Promises rehab centre — where Lindsay Lohan and Britney Spears have previously been treated — for substance abuse, and insists the move was the "greatest decision" she has ever made.

She said: "I didn't like the person I was. I was sad and conflicted."

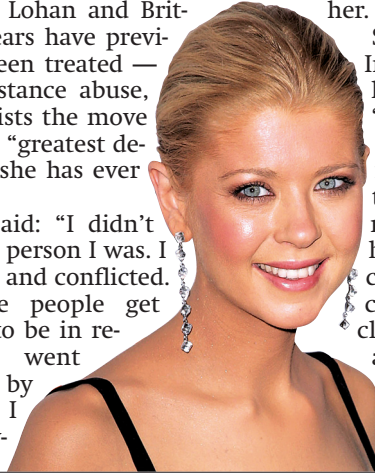
"Some people get forced to be in rehab. I went there by myself. I put my-

self there. It was the greatest decision I ever made."

Tara insists checking into the facility was one of the toughest times she has ever been through, but is delighted with the effect the treatment had on her.

She added to In Touch Weekly magazine: "Rehab saved my life. Before I used to think about tomorrow and I hated it. Now I can't wait because I am clean and sober and I am excited."

**METRO NEWS SERVICES**



# No diet, no gyms: Scarlett

**PEOPLE** Scarlett Johansson has come out firmly against dieting and gyms.

The voluptuous young star even claims she's never been to a gym. "I have never been on a diet in my whole life," she says, according to Sky

Showbiz. "I've seen gyms only from the outside."

I feel very comfortable with my body."

And as for stick-thin celebrities, Johansson says she doesn't get it. "Count me out. I don't understand what's supposed to be sexy there. And besides, I like to eat too much."

**METRO NEWS SERVICES**



# Jackson suffers complications

**HEALTH** Looks like Michael Jackson's latest round of plastic surgery may have caused some unplanned health problems.

According to the Sun, the former King of Pop is receiving IV antibiotics for a severe staph infection he contracted during work to reconstruct his nose.

"The disease is an MRSA-style infection because it is resistant to conventional antibiotics," a source tells the newspaper.

"There's a chance it could turn into a flesh-eating disorder where it begins to kill off his skin, so he's being very carefully monitored."

**METRO NEWS SERVICES**



# Owen indifferent about his looks

**IMAGE** Clive Owen doesn't care about his looks, femalefirst.co.uk reports.

The Children of Men actor doesn't make any effort with his appearance in his "normal life," despite being regarded as a Hollywood heartthrob.

He said: "Any actor who starts taking the tag 'sex symbol' seriously or thinks of themselves as a sex symbol has got some serious problems. When I'm in my normal life I care very little about how I look. Sometimes I have to dress up when I'm making movies, but that's not me when I'm just hanging around."



**METRO NEWS SERVICES**

# Rourke falling for Courtney Love?

**ROMANCE** Looks like Mickey Rourke and Courtney Love's longtime friendship has jumped to the next level.

The two stars have been dating secretly for about a month, according to the Daily Mirror. "Mickey texted Courtney totally out of the blue, around the time of the Golden Globes, asking to take her out for the night," a source tells the newspaper. And while she didn't end up as his date for the awards show, they allegedly still found time for each other.

**METRO NEWS SERVICES**



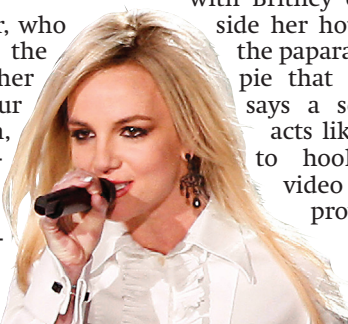
# Britney a desperate housewife?

**VIDEO** Britney Spears is a mega pop star, a mom of two — and now a happy homemaker in her new video, people.com is reporting.

The singer, who plans to hit the road for her Circus tour next month, spent Tuesday filming the video for her upcoming single If U Seek Amy, in

which she plays a sexy housewife dressed in blonde '50s style wig, a fitted pink top and white skirt. "The video begins with Britney coming outside her house to hand the paparazzi an apple pie that she baked," says a source. "She acts like she wants to hook up. The video is very provocative."

**METRO NEWS SERVICES**







For more delicious Metro recipes, visit: [metronews.ca/food](http://metronews.ca/food)

Take Five

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15			16						17			
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20	21					22	23					
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41					42	43					44	45
46					47					48		
49					50					51		

Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

6								8
	4	9		7		6	1	
8		5				7		9
		3	9		6	4		
		2	8		4	1		
9		4				5		2
	6	1		5		3	8	
7								1

Crossword across

- 1 Muppet master Henson  
4 Look-alike  
8 Low range  
12 Literary collection  
13 Head light?  
14 Easter flower  
15 Redo  
17 In due time  
18 Uncomplicated  
19 Mexican's ancestor, maybe  
20 Squander  
22 Exposed  
24 Grounded flock  
25 Luthor's enemy  
29 Standard  
30 Ancient Dead Sea region
- 31 Carte lead-in  
32 Hitchcock classic  
34 Vail gear  
35 Roddick of tennis  
36 Performs, biblically  
37 Home of America's largest urban zoo  
40 Drink  
41 Trickster god  
42 Get amorous  
46 Ostentation  
47 Garfield's pal  
48 Lubricant  
49 Mediocre  
50 Poetic foot  
51 Today's "groovy"

Crossword down

- 1 Predicament  
2 — fix  
3 Guaran-tee  
4 More than just that?  
5 Undulating  
6 — -de-France  
7 Clause connector  
8 Sports jacket  
9 — She Sweet?  
10 Plum-like fruit  
11 Harmonization  
16 Chow  
19 Vicinity
- 20 Cried  
21 Asian servant  
22 Crony  
23 Tarzan's clique  
25 Irrational number  
26 Indemnify  
27 Settled down  
28 One of CSN&Y  
30 Hoodoo  
33 Exile  
34 Ground  
36 Uncool sort  
37 Let the cat out of the bag  
38 Irritate
- 39 Gumbo need  
40 Read cursorily  
42 Miss Piggy's pronoun  
43 Oklahoma city  
44 Compete  
45 Will Ferrell movie

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

A	R	I	L		Y	A	P		A	V	E	R	
F	I	R	E		E	V	E		B	E	T	A	
A	M	A	H		M	A	R		A	R	C	H	
R	E	N	A	M	E		C	O	S	T			
			V	A	N	N	A		W	H	I	T	E
S	N	O	R	T		A	L	L		C	O	G	
P	O	P	E		A	C	E		G	A	G	A	
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C	H	I	N		R	H	O		E	L	S	E	
B	O	Z	O		N	I	P		N	O	V	A	
S	E	E	R		S	E	T		D	E	E	P	T

5	9	2	4	1	3	6	7	8
7	1	4	6	8	9	3	5	2
3	6	8	2	7	5	4	9	1
6	3	9	8	2	4	5	1	7
1	8	5	7	9	6	2	3	4
2	4	7	5	3	1	8	6	9
4	5	1	9	6	8	7	2	3
8	2	3	1	5	7	9	4	6
9	7	6	3	4	2	1	8	5

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

<b>SUDOKU SOLVE TIME:</b>	17-21 min .....	Smart	
Under 13 min .....	Genius	21-25 min .....	Not bad
13-17 min .....	Scholar	25+ min .....	Keep practising

Metro Recipe of the Day



French Tuna and Bell Pepper Salad

**INGREDIENTS:**  
14 oz (400 g) new potatoes  
1 3/4 oz (50 g) green beans  
7 1/2 oz (220 g) mixed salad greens  
1 tbsp (15 ml) chopped parsley  
1 tbsp (15 ml) snipped fresh chives  
1 small red onion, thinly sliced  
1 tbsp (15 ml) black olive tapenade  
2 garlic cloves, chopped  
2 tbsp (25 ml) extra virgin olive oil  
1 tbsp (15 ml) red wine vinegar  
1 tsp (5 ml) balsamic vinegar  
Pepper to taste  
10-15 radishes, thinly sliced  
1 can (6 oz/170 g) tuna in water, drained  
3 1/2 oz (100 g) cherry tomatoes  
1 each of red, yellow and green pepper, seeded and thinly sliced  
8 black olives

**METHOD:**  
1. Place potatoes in a pot and cover with boiling wa-

ter. Cook over medium heat 10 minutes. Add green beans and cook 5 minutes or until potatoes are tender and beans are just cooked. Drain well and set aside to cool.  
2. Toss the salad greens with the parsley, chives and red onion in a large shallow bowl.  
3. For dressing, mix tapenade with garlic, olive oil, red wine vinegar and balsamic vinegar, and season with pepper. Pour two-thirds dressing over salad greens and toss well to mix.  
4. Halve potatoes and arrange on top of salad greens with green beans, radishes, tuna, tomatoes, peppers and olives. Pour over remaining dressing, garnish with basil leaves and serve.

**SERVES 4**

**rd.ca**  
For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

**ARIES**  
**MARCH 21-APRIL 20**  
A guy's inconsistency expresses his inner turmoil. A man with a plan makes a profound speech. Someone's false move weakens your desire.

**LIBRA**  
**SEPT 23-OCT 23**  
A trusted person returns and cheers you. A predicament is caused by a desperado who takes control. A woman's dream resolves a dilemma.

**TAURUS**  
**APRIL 21-MAY 21**  
Contact your most important admirer for help. The bearer of good news will get a free dinner. A demented associate will make you laugh.

**SCORPIO**  
**OCT 24-NOV 22**  
A voice from the past makes you nostalgic. Someone's self-involvement puts your teeth on edge. A power play leads to bonding with others.

**GEMINI**  
**MAY 22-JUNE 21**  
Foolish expectations go up in flames. Don't take it personally when anyone is disappointed. A commonplace approach to problems isn't effective.

**SAGITTARIUS**  
**NOV 23-DEC 21**  
A chatty associate will insist that a conflict be settled. Be cautious and stay on top of breaking news. Stoke up a friend's damaged self-esteem.

**CANCER**  
**JUNE 22-JULY 22**  
Your social life gets busy and friendships will grow. Camaraderie develops with a kind woman. Your anxiety will be relieved by good news.

**CAPRICORN**  
**DEC 22-JAN 20**  
A sincere lover passes a test. Finding new helpers is easier than you expected. Somebody's pleasure-seeking will stick in your mind.

**LEO**  
**JULY 23-AUG 23**  
Something pleasant happens to you in public. Certain tasks will have to be faced immediately. You'll think about the kindness of a stranger.

**AQUARIUS**  
**JAN 21-FEB 18**  
Other people look to you for leadership. A friendship may be damaged by having a sense of duty. Self-medicating will have a puzzling effect.

**VIRGO**  
**AUG 24-SEPT 22**  
Your personal charm and charisma are at an all-time high. Prepare yourself to have an intense chat. A lonely person will return home.

**PISCES**  
**FEB 19-MARCH 20**  
Release your unhappiness and move on. Make sure that all loose ends are tied up. Use your compassion to forestall a serious confrontation.

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**WORDY GURDY**®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Loathe destiny (1)
2. Frail bill of an eagle (1)
3. Utter an opposite of "nay" (1)
4. Turn over one's hold on a racquet (1)
5. Oven user's salt-and-pepper holders (2)
6. Barn dance inside scoop (2)
7. Stomps heavily over "try these" freebies (2)

**ANSWERS**  
1. FAT CAT 2. WEAR BEAR 3. SAY YEA 4. FLIP GRIP  
5. BAKERS SHAKERS 6. HOEDOWN LOWDOWN 7. TRAMPLES SAMPLES

2-13-09

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